



## MARSHALL APPLICATION

Entry fees are expensive these days. From our side the cost of putting on good races continues to rise and this makes participation in our sport more costly than most. At the same time it gets harder and harder to find volunteers to help make the events successful. We would, therefore, like to offer the opportunity for you to get free or cheaper racing in return for marshalling at our events. For each race that you (or a partner who perhaps comes along anyway!!) are able to assist at, we will offer you £20:00 discount against another of our races this year. We will also guarantee your entry.

***For helping out at A Middle Distance Race we will double the "credit" to £40:00, Free Entry if you help with The Foresterman***

If you've never helped out at a race before, it is actually more enjoyable than you might think. Competitors are, almost without exception, genuinely appreciative. Marshalls also add to the atmosphere and our races tend to attract favourable comment for the quality of our marshalling. Below is a list of our events for 2009 :- just fill in your details and indicate which race(s) you would like to help at.

Name: .....

Address: .....

.....Post Code .....

Tel no (daytime) .....Evening .....

e-mail .....

(Please print your email address clearly)

**Please Indicate which event(s) you are able to help with.**

<b>Name &amp; Date of Event</b>	<b>YES</b>	<b>NO</b>
<b>Heartbreak Half Marathon 25/01/09</b> Sandy Balls		
<b>New Forest Triathlon 3/05/09</b> Ellingham Lake		
<b>Beaulieu Middle Distance Triathlon 31/05/09</b> Bucklers Hard		
<b>Beaulieu Triathlon 14/06/09</b> Buckler's Hard		
<b>THE FORESTMAN 12/07/09</b> Ellingham / Sandy Balls <i>**FREE ENTRY**</i>		
<b>New Forest Middle Distance Triathlon 20/9/09</b> Ellingham / Sandy Balls		
<b>Sandy Balls Duathlon 25/10/09</b> Run 5k/Bike 22k/Run 5k		
<b>Downton Half-Marathon 29/11/09</b> Downton Trafalgar School		

Please Return the form to Richard or Joanne Iles at Downton Leisure Centre, Wick Lane, Downton, Salisbury, Wiltshire, SP5 3NF. Email: [jriles@racenewforest.co.uk](mailto:jriles@racenewforest.co.uk) Or tel 01725 513668  
If you want in return to enter any of the above races, remember to attach your entry form to claim your appropriate credit. Forms and further details of races available at [www.racenewforest.co.uk](http://www.racenewforest.co.uk)