

## FORESTMAN FULL DISTANCE TRIATHLON RESULTS 26TH MAY 2019

Race No.	FirstName	LastName	Club	Category	M/F	Swim & T-Run	Bike	Run	Finish	Overall	In Cat	By M/F
21	Anna/Del/Jen	Wilby-Lopez/Granger		RELAY	M	01:18:22.5	06:40:22.35	03:16:20.70	11:15:05.60	1	1	1
20	Peter	Watters		M30	M	01:07:52.5	06:29:24.70	03:57:15.35	11:34:32.55	2	1	2
6	Neil	Clelland	Southampton Triathlon Club	M40	M	01:27:12.9	06:28:25.25	04:04:09.20	11:59:47.30	3	1	3
3	Cameron	Brew		M25	M	01:17:39.0	06:33:42.00	04:14:47.35	12:06:08.40	4	1	4
1	Brian	Allen	7Oaks Tri	M45	M	01:32:16.3	06:28:38.70	04:37:40.20	12:38:35.20	5	1	5
14	Neil	Richmond		m55	M	01:31:56.8	06:36:28.60	04:42:12.35	12:50:37.75	6	1	6
22	Nicky	Yevko	Salisbury Tri Club	f55	F	01:22:08.6	07:35:24.10	04:16:13.85	13:13:46.60	7	1	1
5	jason	clark		M60	M	01:24:30.6	06:16:52.85	05:38:43.35	13:20:06.80	8	1	7
17	Barnaby	Rudd	Racestrong	M40	M	01:16:12.3	07:03:46.20	05:11:41.90	13:31:40.40	9	2	8
11	Michele	jacobs		F35	F	01:33:55.0	07:34:38.60	04:30:52.45	13:39:26.00	10	1	2
8	Steve	Covey	Tri-Spoke	M50	M	01:25:09.6	07:00:32.80	05:25:12.20	13:50:54.65	11	1	9
15	Kit	Nicholson	London Fields	M60	M	01:25:25.5	07:08:39.00	05:31:51.15	14:05:55.70	12	2	10
2	Matthew	Bewley		M25	M	01:31:33.0	07:35:36.40	05:03:44.55	14:10:53.90	13	2	11
9	Lou	Dutch	Team Synergie Coaching	F40	F	01:22:43.5	06:52:43.50	05:58:56.80	14:14:23.80	14	1	3
7	Oly	Cooper	Ipswich Tri Club	M40	M	01:15:45.4	06:21:28.30	07:16:21.95	14:53:35.65	15	3	12
12	Ann	Lonie		F45	F	01:35:05.0	07:40:30.20	05:38:07.60	14:53:42.75	16	1	4
19	Philip	Timewell		M40	M	01:50:04.6	07:18:03.85	06:16:47.75	15:24:56.25	17	4	13
4	jonathan	britt		M50	M	01:44:02.7	07:24:02.40	06:20:27.85	15:28:33.00	18	2	14
13	Alison	Milmer	Tripurbeck	F35	F	01:26:26.5	08:08:56.70	05:55:36.95	15:31:00.20	19	2	5
16	Julie	Roche		F50	F	01:26:53.6	07:30:26.20	06:35:29.10	15:32:48.95	20	1	6
18	Robert	Squibb	Zoom Tri Club	M45	M	01:16:54.8	07:56:50.70	06:20:08.15	15:33:53.70	21	2	15
10	Jolyon	Holdstock		M50	M	01:28:28.9	07:14:49.15	07:38:25.40	16:21:43.45	22	3	16

## BOSKMAN LONG DISTANCE TRIATHLON RESULTS 26TH MAY 2019

Race No	FirstName	LastName	Club	Category	M/F	Swim & T-Run	Bike	Run	Finish	Overall	In Cat	By M/F
30	Nathan	Ford	TeamNFT	M35	M	00:38:07.3	03:08:24.70	01:27:44.40	05:14:16.40	1	1	1
46	Daniel	Taylor	Royal Navy Triathlon	M30	M	00:52:23.4	03:27:47.15	01:38:53.30	05:59:03.85	2	1	2
35	Alfie	Lloyd	Somerset RC Tri	M25	M	00:49:45.6	03:33:54.20	01:37:43.80	06:01:23.60	3	1	3
26	William	Brown	Royal Navy	M25	M	00:51:00.0	03:43:52.90	01:40:17.70	06:15:10.60	4	2	4
36	Iain	Mantell		M35	M	00:53:54.1	03:52:17.15	01:39:12.85	06:25:24.15	5	2	5
27	Joanne	Clarke		F25	F	00:54:04.5	03:47:14.75	01:47:45.15	06:29:04.40	6	1	1
43	Naomi	Shinkins		F35	F	00:50:36.1	03:52:14.40	01:47:25.40	06:30:15.95	7	1	2
51	Lee	Walters		M45	M	01:01:04.6	03:45:47.65	01:46:29.35	06:33:21.60	8	1	6
50	Josia	Van der Westhuizen		M30	M	01:04:48.9	03:54:44.40	01:43:18.90	06:42:52.20	9	2	7
37	Russ	Corn		M45	M	00:48:33.2	03:52:25.45	02:12:58.00	06:53:56.70	10	2	8
23	Kirsty	Aked		F40	F	01:03:54.4	04:10:39.00	01:42:59.35	06:57:32.80	11	1	3
49	Graham	Tourell		M40	M	00:51:01.3	04:03:03.85	02:08:57.30	07:03:02.50	12	1	9
40	Adam	Roberts	Exeter Triathlon Club	M30	M	00:54:06.4	04:09:53.40	02:00:07.15	07:04:06.95	13	3	10
24	Lawrence	Blake	Precision Coaching	M35	M	00:50:36.8	04:00:48.70	02:18:14.60	07:09:40.10	14	3	11
29	Andy	Fallon	Salisbury Tri Club	M45	M	01:06:19.4	04:08:24.75	01:54:57.55	07:09:41.70	15	3	12
38	Jean	Perkins	Zoom	f60	F	01:00:20.5	04:03:16.60	02:12:04.90	07:15:42.00	16	1	4
25	Chris	Brooks	S3Tri & Swim	M45	M	01:01:08.4	04:06:30.10	02:34:24.80	07:42:03.25	17	4	13
31	Rob	Gaygan		M40	M	01:02:46.0		06:47:03.00	07:49:49.00	18	2	14
28	Greg	Clifford		M40	M	01:10:31.5	04:36:09.20	02:05:20.55	07:52:01.30	19	3	15
47	David	Tiplady	Farnham	M50	M	01:08:54.9	03:59:50.95	02:46:18.55	07:55:04.40	20	1	16
41	Piers	Ronan		M35	M				08:05:54.00	21	4	17
33	Mike	Jarvie		M45	M	01:02:45.0	04:30:17.55	02:38:42.80	08:11:45.40	22	5	18
45	Robert	Symes		M50	M				08:14:00.00	23	2	19
44	Simon	Sparkes		M40	M	00:54:27.0	04:44:36.45	02:37:38.45	08:16:41.95	24	4	20
34	Stefan	Klincewicz		M45	M	01:34:20.1	04:39:43.05	03:06:55.05	09:20:58.20	25	6	21
32	Victoria	Harvey		F50	F	01:34:21.8		09:42:26.35	11:18:23.05	26	1	5
48	Andy	Tourell		M40	M	00:46:52.6	03:45:52.35					

## FORESTMAN MIDDLE DISTANCE 26TH MAY 2019

Race No	FirstName	LastName	Club	Category	M/F	Swim & T-Run	Bike	Run	Finish	Overall	In Cat	By M/F
340	James	Gilfillan		M40	M	00:23:46.0	02:30:12.15	01:28:08.70	04:22:06.85	1	1	1
328	Greg	Dove	Army Triathlon Association	M35	M	00:28:20.2	02:31:48.60	01:35:45.70	04:35:54.50	2	1	2
315	Graeme	Bryce	RNTA	M40	M	00:25:11.7	02:36:29.60	01:35:41.70	04:37:22.95	3	2	3
344	Alun	Hanford	southampton tri club	M30	M	00:26:49.8	02:37:05.85	01:35:31.15	04:39:26.80	4	1	4
367	John	Mead	Army Triathlon Association	M45	M	00:26:28.6	02:37:26.40	01:36:12.15	04:40:07.10	5	1	5
364	Andrew	Martin	Army Triathlon Assiciation	M45	M	00:28:42.4	02:31:22.05	01:42:10.85	04:42:15.35	6	2	6
330	Jeanne	Du Preez	ATA	M35	M	00:25:28.3	02:36:01.55	01:41:26.85	04:42:56.70	7	2	7
385	Steve	salter	speed hub	M45	M	00:30:36.0	02:34:22.20	01:39:57.25	04:44:55.40	8	3	8
342	Martin	Groundsell	Overton Harriers	M35	M	00:25:32.2	02:55:07.05	01:25:34.45	04:46:13.70	9	3	9
371	Mick	Waker		M35	M	00:30:41.1	02:39:35.25	01:38:54.55	04:49:10.90	10	4	10
392	David	Standley	Not Affiliated	M35	M	00:27:19.4	02:43:41.45	01:38:58.90	04:49:59.75	11	5	11
345	David	Hannaford	9 Endurance	M35	M	00:27:03.5	02:43:05.65	01:41:08.55	04:51:17.70	12	6	12
348	Toby	Hood		M35	M	00:27:45.5	02:41:43.50	01:43:26.85	04:52:55.80	13	7	13
362	Ewan	Macdonald		M35	M	00:27:40.0	02:38:11.80	01:47:21.90	04:53:13.70	14	8	14
322	Paul	Consani	Zoom	M40	M	00:32:13.6	02:45:56.90	01:42:45.85	05:00:56.40	15	3	15
324	Simon	Culver	Beckenham running club	M30	M	00:26:25.7	02:53:12.10	01:43:49.50	05:03:27.30	16	2	16
314	Jeremy	Brown	Elements Triathlon Club	M45	M	00:33:04.6	02:53:09.65	01:39:09.10	05:05:23.30	17	4	17
335	Hannah	Ewens	Crystal Palace Triathletes	F25	F	00:28:27.4	02:52:03.85	01:45:28.40	05:05:59.65	18	1	1
374	James	Oliver		M25	M	00:33:17.5	02:42:15.65	01:50:48.75	05:06:21.95	19	1	18
381	Victoria	Randall		F35	F	00:31:10.8	02:50:49.10	01:47:37.45	05:09:37.30	20	1	2
397	Neil	Vincent		M45	M	00:34:14.0	02:52:11.30	01:46:19.40	05:12:44.75	21	5	19
373	Steve	O'Grady	CWTC	M40	M	00:33:35.4	03:45:40.35	00:55:07.15	05:14:22.85	22	4	20
337	Leonardo	Ferrari		M40	M	00:33:06.2	02:54:43.00	01:48:17.95	05:16:07.20	23	5	21
400	Esther	Wiley		F40	F	00:31:39.6	02:52:09.25	01:52:31.70	05:16:20.55	24	1	3
349	Barry	Hopkins	TVT	M40	M	00:33:20.6	02:54:31.85	01:48:53.60	05:16:46.05	25	6	22
310	Jack De	Bokx	Rugby Triathlon Club	m55	M	00:33:20.0	02:51:41.55	01:51:56.80	05:16:58.30	26	1	23
347	Chris	Harrison		M60	M	00:33:33.4	02:55:29.35	01:54:16.75	05:23:19.55	27	1	24
389	Alex	Smallshaw		M35	M	00:31:09.9	02:54:18.20	02:01:09.10	05:26:37.25	28	9	25
329	Egil	Droge	Abingdon & Vale Triathlon Club	M40	M	00:30:20.5	02:56:33.65	02:00:43.45	05:27:37.65	29	7	26
377	Phil	Pettit	SalisburyTriClub	M45	M	00:28:28.6	03:09:20.75	01:49:58.65	05:27:48.00	30	6	27
306	Ross	Barnes		M25	M	00:33:43.3	03:04:30.55	01:49:38.25	05:27:52.10	31	2	28
312	Mel	Bourne		F45	F	00:32:23.2	03:03:42.45	01:53:22.80	05:29:28.45	32	1	4
327	Duncan John	Dickinson		M40	M	00:33:14.9	02:55:09.00	02:02:47.75	05:31:11.65	33	8	29
378	John	Phillips		M35	M	00:34:23.2	03:04:45.70	01:53:13.65	05:32:22.55	34	10	30
403	Maarten	Odding		M40	M	00:28:19.6	02:41:26.75	02:22:45.15	05:32:31.45	35	9	31
358	Steve	Le Bas		M45	M	00:31:20.5	03:11:37.05	01:51:51.20	05:34:48.75	36	7	32
363	Mariana	Marques	Clapham Chasers	F30	F	00:28:44.0	03:15:20.30	01:51:31.25	05:35:35.60	37	1	5

388	John	Skivington		M60	M	00:33:50.6	03:01:50.35	02:00:24.65	05:36:05.55	38	2	33
393	Fabian	Stec		M35	M	00:27:27.6	03:29:27.85	01:41:21.70	05:38:17.15	39	11	34
303	john	ashley	FLUIDE	M30	M	00:31:24.3	03:03:31.10	02:07:19.30	05:42:14.70	40	3	35
360	Daniel	Lubbock	Crawley Tii	M35	M	00:32:20.5	02:53:52.05	02:17:14.90	05:43:27.45	41	12	36
308	Ann/Tommy/Joh	Blake	Bayside Tri	RELAY	F	00:24:52.1	03:34:00.35	01:45:21.80	05:44:14.25	42	1	6
332	Katie	Edwards		F35	F	00:29:05.1	03:18:26.20	02:01:32.15	05:49:03.40	43	2	7
369	Oliver	Minns		M25	M	00:37:32.4	03:16:15.95	01:55:15.50	05:49:03.90	44	3	37
379	Stephen	Radnedge		M35	M	00:35:39.8	03:13:52.65	02:00:45.90	05:50:18.35	45	13	38
359	Margaret	Leonard	Clapham Chasers	F35	F	00:36:47.3	03:19:16.70	02:00:18.05	05:56:22.00	46	3	8
395	Vinicius	Vecchiatti	Portsmouth Triathletes	M35	M	00:31:01.8	03:19:37.65	02:05:56.95	05:56:36.35	47	14	39
317	Joshua	Carr		M30	M	00:36:52.4	03:09:54.10	02:12:59.95	05:59:46.40	48	4	40
302	Martin	Angel		M45	M	00:32:00.2	03:11:01.50	02:17:46.95	06:00:48.70	49	8	41
365	Lydia	Mashin		F30	F	00:32:56.4	03:17:44.10	02:16:10.50	06:06:51.00	50	2	9
313	Gavin	Brigstocke		M35	M	00:41:53.4	03:23:28.20	02:01:57.85	06:07:19.40	51	15	42
357	Jonathan	Lacey		M45	M		03:30:27.70	02:39:12.35	06:09:40.05	52	9	43
320	Steve	Clarke		M35	M	00:31:41.9	03:11:59.85	02:27:11.70	06:10:53.40	53	16	44
333	Benjamin	Edworthy		M30	M	00:32:54.8	03:13:42.50	02:25:11.05	06:11:48.30	54	5	45
351	Helen	Josey		F45	F	00:41:09.3	03:17:40.00	02:14:26.40	06:13:15.65	55	2	10
370	Freya	Nicholson	Bayside Triathlon	F25	F	00:35:16.4	03:15:14.35	02:23:24.65	06:13:55.45	56	2	11
372	Ulf	Nore		M30	M	00:43:03.3	03:24:09.00	02:06:55.50	06:14:07.80	57	6	46
384	Brendon	Sabin		M45	M	00:39:07.5	03:18:57.00	02:18:22.60	06:16:27.05	58	10	47
401	Tim	Woodbridge		M25	M	00:31:13.3	03:28:15.55	02:24:09.50	06:23:38.35	59	4	48
321	Eamonn	Connolly		M30	M	00:35:12.7	03:30:59.25	02:18:50.30	06:25:02.30	60	7	49
355	Ashley	Kirkham	Black Country Triathletes	M40	M	00:34:15.8	03:23:14.25	02:31:54.35	06:29:24.35	61	10	50
386	Debs	Shipway		F45	F	00:36:08.8	03:23:02.80	02:31:47.60	06:30:59.20	62	3	12
354	Sarah	King	Portsmouth Triathletes	F40	F	00:32:28.6	03:26:33.40	02:33:34.85	06:32:36.85	63	2	13
305	Leeanne	Barber		F40	F	00:39:33.0	03:38:18.00	02:14:56.40	06:32:47.45	64	3	14
326	Trycha	Darling		f60	F	00:37:52.1	03:32:59.00	02:22:28.30	06:33:19.45	65	1	15
376	Katrina	Pettit		F45	F	00:35:27.6	03:34:56.00	02:35:28.30	06:45:51.90	66	4	16
309	Helen/Claire/Lo	Benfield/Spencer/Monnington		RELAY	F	00:42:56.9	03:53:02.50	02:12:14.40	06:48:13.80	67	2	17
396	Alan	Vidow		M40	M	00:52:25.0	03:12:44.15	02:44:59.70	06:50:08.90	68	11	51
375	Martina	O'Neill		F25	F	00:35:22.4	03:49:02.60	02:25:51.90	06:50:16.90	69	3	18
380	Myrid	Ramsay		F50	F	00:41:55.6	03:47:36.15	02:24:46.35	06:54:18.10	70	1	19
343	Steven	Gwyer		M50	M	00:34:58.2	03:26:20.20	02:57:11.05	06:58:29.45	71	1	52
325	michael	cumberland	lymington	M35	M	00:37:53.4	03:42:00.90	02:39:25.00	06:59:19.30	72	17	53
318	Joe	Chandler		M30	M	00:39:47.3	03:42:00.65	02:38:34.75	07:00:22.70	73	8	54
387	Gina	Siebler	Ful-on Tri	F30	F	00:37:39.4	03:36:12.80	02:50:56.50	07:04:48.70	74	3	20
323	Rebecca	Crowley		F30	F	00:44:25.3	03:44:23.40	02:36:00.05	07:04:48.70	75	4	21
350	Paul	Jeram	Bayside Tri	M50	M	00:43:37.2	03:13:32.60	03:07:55.15	07:05:05.00	76	2	55
394	Karen	Thacker		F45	F	00:41:08.9	03:47:22.50	02:40:13.30	07:08:44.75	77	5	22

382 Clare	RIXON	F30	F	00:41:06.6	04:08:09.45	02:22:07.35	07:11:23.45	78	5	23
301 Tim	Adams	M35	M	00:44:49.4	04:15:39.25	02:23:48.05	07:24:16.70	79	18	56
307 James	Bell	M20	M	00:37:02.6	04:54:12.70	02:23:15.35	07:54:30.65	80	1	57
331 Tamzin	Earley	F50	F	00:46:01.0	04:08:11.00	03:15:34.05	08:09:46.10	81	2	24
339 Michael	Gilbert	M30	M	00:40:35.3	03:21:18.30					
336 Ron	Feeney	m55	M	00:35:31.9	03:14:57.50					