

## STANDARD-DISTANCE TRIATHLON

Bib	FirstName	LastName	Club	Category	M/F	SWIM	T-RUN	BIKE	RUN	TOTAL	OVERALL	IN CAT	BY M/F	
212	Ashley	Scott	Royal Navy triathlon	M30	M	00:16:47.7	00:07:15.00	00:52:21.25	00:34:42.85	01:51:06.75		1	1	1
99	Jonathan	Chadwick		M50	M	00:21:27.4				01:52:07.00		2	1	2
240	ALAN	WARD		M30	M	00:16:45.7	00:08:17.30	00:51:58.80	00:36:49.35	01:53:51.10		3	2	3
165	Niall	Laming	Bustinskin Triathlon Club	M25	M	00:15:09.5	00:07:45.20	00:54:26.65	00:38:32.00	01:55:53.35		4	1	4
239	Tom	Walker		M25	M	00:19:21.0	00:08:20.15	00:53:20.25	00:35:15.20	01:56:16.55		5	2	5
250	Marcus	Wood		M20	M	00:11:20.8	00:12:01.10	01:10:05.20	00:24:57.95	01:58:25.00		6	1	6
124	Mark	Frost	Southampton Triathlon Club	M25	M	00:19:39.3	00:07:52.30	00:54:37.55	00:36:42.80	01:58:51.90		7	3	7
146	Sebastian	Harrison	London Fields Triathlon Club	M35	M	00:18:36.2	00:08:18.00	00:56:53.80	00:37:28.75	02:01:16.75		8	1	8
104	Rob	Coates	London Fields Triathlon Club	M30	M	00:18:15.7	00:08:40.55	00:59:17.35	00:35:24.65	02:01:38.30		9	3	9
180	Grant	Mitchell	Wessex wizards	M25	M	00:18:22.0	00:08:50.55	00:59:00.25	00:36:12.75	02:02:25.60		10	4	10
174	Stuart	McInnes		M35	M	00:16:20.8	00:09:06.65	01:00:37.75	00:36:42.15	02:02:47.35		11	2	11
154	Ali	Insall	TriLondon	M30	M	00:19:30.2	00:09:06.10	00:59:10.30	00:37:10.45	02:04:57.10		12	4	12
147	David	Hartley	Salisbury Tri Club	M35	M	00:18:17.8	00:08:34.90	01:00:51.10	00:37:54.40	02:05:38.15		13	3	13
119	Stuart	Dyer	Wight Tri	M50	M	00:19:28.4	00:08:35.15	00:58:09.25	00:39:39.70	02:05:52.45		14	2	14
100	Lee	Clare	endurance Hub Tri Team	M30	M	00:19:38.3	00:09:53.70	00:58:51.75	00:38:28.45	02:06:52.20		15	5	15
70	Paul	ADAMS	Wessex Wizards Triathlon Club	m55	M	00:19:17.4	00:10:03.25	00:56:45.90	00:40:51.00	02:06:57.60		16	1	16
201	Adam	Raymond	TriPurbeck	M25	M	00:21:33.8	00:09:02.00	00:57:01.60	00:39:27.25	02:07:04.70		17	5	17
141	Oliver	Gray	Defence Academy	M30	M	00:19:32.0	00:08:24.30	01:01:02.10	00:38:08.65	02:07:07.00		18	6	18
205	jazmin	rogers		F30	F	00:17:13.7	00:09:08.15	01:01:59.75	00:38:57.45	02:07:19.05		19	1	1
96	Giovanni	Carriere	Hampstead Triathlon Club	M40	M	00:20:22.2	00:10:22.30	00:55:29.80	00:41:15.10	02:07:44.35		20	1	19 15 sec penalty dismount
216	richard	sheldon	Clapham Chasers	M25	M	00:19:45.0	00:09:11.20	01:01:28.15	00:38:18.10	02:08:42.40		21	6	20
111	Chris	Davies	Lymington Tri Club	M50	M	00:20:26.0	00:09:47.60	00:58:25.00	00:40:32.25	02:09:10.85		22	3	21
110	Connor	Darby		M25	M	00:21:52.7	00:09:33.25	00:59:36.40	00:38:31.20	02:09:33.55		23	7	22
193	Paul	Pickering		M30	M	00:20:08.4	00:09:19.35	01:01:31.85	00:38:41.25	02:09:40.80		24	7	23
117	Matthew	Duffield		M25	M	00:19:53.1	00:10:17.85	00:59:07.85	00:41:36.15	02:10:54.95		25	8	24
243	Ryan	Whatling		M25	M	00:21:49.4	00:11:58.45	00:58:42.20	00:38:59.40	02:11:29.40		26	9	25
163	Camille	King	TriUK	F40	F	00:21:01.5	00:10:06.35	01:00:30.85	00:40:46.70	02:12:25.40		27	1	2
144	Darren	Gregory		M30	M	00:21:38.9	00:09:07.75	01:02:24.20	00:39:42.55	02:12:53.45		28	8	26
82	Shane	Barrett		M30	M	00:24:31.6	00:09:16.90	00:58:40.05	00:40:27.45	02:12:55.95		29	9	27
246	Adam	Wilkinson		M30	M					02:13:07.00		30	10	28
89	Miles	Bosoni		M25	M	00:20:10.1	00:10:23.95	00:59:55.85	00:43:07.70	02:13:37.60		31	10	29
214	Rebecca	Seal		F35	F	00:23:07.2	00:09:56.70	00:57:50.50	00:42:54.05	02:13:48.40		32	1	3
251	Leigh	Wood		M35	M	00:24:52.2	00:09:18.60	00:59:19.05	00:41:13.15	02:14:43.05		33	4	30
159	Sarah	Kemp	Salisbury Tri	F35	F	00:21:09.5	00:09:39.45	01:02:57.90	00:41:02.90	02:14:49.75		34	2	4
167	Nick	Lindsay		M50	M					02:15:34.00		35	4	31
217	Julian	Sheppard	unattached	M40	M	00:20:15.2	00:10:59.00	00:59:47.70	00:44:32.65	02:15:34.60		36	2	32
208	Tom	Sanderson	Brighton Phoenix	M45	M	00:25:09.3	00:09:45.75	01:02:02.15	00:39:23.40	02:16:20.65		37	1	33
191	Simon	Phillips		M40	M	00:20:47.8	00:11:51.90	00:58:30.05	00:45:14.60	02:16:24.30		38	3	34
254	Esther	Rousay-Wiley		F40	F	00:21:28.6	00:09:53.35	01:03:44.90	00:41:36.80	02:16:43.65		39	2	5
128	James	Firman		M30	M	00:21:14.7	00:12:03.80	01:03:25.90	00:40:11.20	02:16:55.65		40	11	35
177	Fernando	Merino		M35	M	00:27:52.0	00:13:27.65	00:57:27.90	00:38:14.90	02:17:02.50		41	5	36
153	David	Hutchinson		M40	M	00:21:01.2	00:11:41.45	01:00:17.05	00:44:05.85	02:17:05.50		42	4	37
241	Leanne	Watters		F25	F	00:20:59.5	00:09:04.20	01:06:08.90	00:41:03.90	02:17:16.55		43	1	6
220	Tim	Skelley	Clapham Chasers	M25	M	00:31:30.6		01:04:17.00	00:41:30.30	02:17:17.90		44	11	38
172	Tom	McClelland		M30	M	00:20:16.1	00:09:35.20	01:06:48.65	00:40:38.75	02:17:18.65		45	12	39
234	Dafydd	Williams		M30	M	00:19:02.7	00:09:41.25	01:04:28.50	00:45:13.55	02:18:25.95		46	13	40
134	Rob	Gaygan		M40	M	00:24:29.7	00:10:36.40	01:02:27.10	00:40:59.55	02:18:32.80		47	5	41
133	Ari	Garas		M30	M	00:20:51.4	00:11:16.20	01:04:05.85	00:42:26.75	02:18:40.20		48	14	42
232	Richard	Swift		M35	M	00:21:54.2	00:11:06.55	01:03:07.55	00:43:29.35	02:19:37.65		49	6	43
249	Laura	Wise		F35	F	00:18:13.2	00:09:35.80	01:03:45.10	00:48:55.20	02:20:29.25		50	3	7

151 Thomas	Hoddinott		M25	M	00:20:46.0	00:12:28.25	01:04:57.90	00:42:34.05	02:20:46.15	51	12	44
166 Paul	Lewis	Hillingdon Triathlon Club	M35	M	00:20:29.3	00:11:07.95	01:04:10.20	00:45:00.55	02:20:47.95	52	7	45
225 William	Southall		M25	M	00:22:53.5	00:10:16.25	01:05:33.15	00:42:14.60	02:20:57.55	53	13	46
171 Alexander	Maidwell-Smith		M25	M	00:22:17.3	00:10:51.20	01:05:34.65	00:42:14.75	02:20:57.95	54	14	47
81 Sophia	Barrett	Southampton	F40	F	00:22:36.2	00:11:06.55	01:01:47.80	00:45:36.40	02:21:06.95	55	3	8
219 Bethany	Simmonds	Endurance Hub	F35	F	00:19:56.5	00:10:01.05	01:05:05.25	00:46:59.65	02:22:02.45	56	4	9
113 James	dobree		m55	M	00:21:57.8	00:09:58.95	01:07:47.90	00:42:34.35	02:22:19.00	57	2	48
190 Andy	Peters	Bayside tri	M40	M	00:20:23.5	00:10:40.90	01:03:08.40	00:48:11.25	02:22:24.00	58	6	49
91 Chris	Brown	Ful-on-Tri	M35	M	00:23:50.1	00:13:01.15	01:01:08.75	00:44:55.40	02:22:55.35	59	8	50
231 Gordon	Sumner		M25	M	00:20:56.9	00:12:26.70	01:07:35.30	00:42:22.10	02:23:21.05	60	15	51
206 Giles	Hall		M35	M	00:18:20.6	00:10:37.50	01:13:54.75	00:40:48.75	02:23:41.55	61	9	52
244 matt	white	Bri Tri	M50	M	00:22:28.8	00:11:23.30	01:06:15.25	00:43:51.20	02:23:58.50	62	5	53
211 Chad	Saunders	Bayside tri	M25	M	00:21:42.5	00:12:58.50	01:06:18.85	00:43:15.35	02:24:15.15	63	16	54
123 Simon	Fairweather	Fat Sparrows	M30	M	00:21:05.3	00:11:15.15	01:08:44.75	00:43:27.00	02:24:32.20	64	15	55
226 James	Spofforth		M35	M	00:22:47.1	00:10:35.80	01:07:15.80	00:43:54.55	02:24:33.20	65	10	56
218 Paul	Sibley		M35	M	00:24:01.1	00:10:36.30	01:07:32.45	00:42:25.10	02:24:34.90	66	11	57
185 Ollie	Oliver		M45	M	00:24:40.6	00:11:27.15	01:08:04.60	00:40:53.95	02:25:06.30	67	2	58
236 Tom	Trueman	Southampton Triathlon Club	M35	M	00:23:44.8	00:10:15.15	01:02:45.70	00:48:45.45	02:25:31.10	68	12	59
242 Mike	Weston		M35	M	00:19:32.1	00:12:51.85	01:07:42.20	00:45:27.60	02:25:33.70	69	13	60
142 Ellie	Green	Wessex wizards	F20	F	00:19:50.1	00:10:49.10	01:02:21.00	00:52:51.55	02:25:51.75	70	1	10
178 Anel	Meyer		F35	F	00:19:09.6	00:11:58.40	01:04:57.05	00:49:57.85	02:26:02.90	71	5	11
75 Julian	Arbelaez Franco		M35	M	00:26:33.6	00:11:04.35	01:04:11.65	00:44:23.30	02:26:12.90	72	14	61
197 Jack	Potter		M25	M	00:24:25.6	00:12:31.30	01:04:11.70	00:45:16.90	02:26:25.45	73	17	62
112 Bexy	Dew	Southampton	F25	F	00:21:24.3	00:10:37.10	01:04:28.95	00:50:29.00	02:26:59.35	74	2	12
115 Sean	Doyle		M35	M	00:21:50.9	00:11:34.15	01:05:59.25	00:47:49.55	02:27:13.85	75	15	63
102 Robert	Clarke		M50	M	00:21:46.4	00:11:39.90	01:05:18.35	00:48:38.55	02:27:23.15	76	6	64
164 Mel	Knight	Do3	F35	F	00:23:17.3	00:11:34.00	01:06:15.50	00:46:25.85	02:27:32.65	77	6	13
135 Ben	Gedye		M25	M	00:23:24.3	00:12:41.00	01:09:00.00	00:42:31.80	02:27:37.05	78	18	65
109 Mat	Croft		M50	M	00:23:41.4	00:12:25.75	01:05:17.45	00:46:48.05	02:28:12.65	79	7	66
122 paul	Fairclough	Farnham Tri Club	M35	M	00:24:05.4	00:10:21.45	01:08:31.25	00:45:18.25	02:28:16.35	80	16	67
223 David	Smith	S4F Triathlon Squad	M35	M	00:23:33.3	00:11:31.50	01:09:54.25	00:43:23.70	02:28:22.70	81	17	68
245 Kate	Whiting	London Fields Triathlon Club	F25	F	00:19:36.2	00:10:13.35	01:07:45.20	00:50:53.50	02:28:28.25	82	3	14
175 Jordan	Meaker		M30	M	00:25:49.7	00:10:34.00	01:06:45.00	00:45:28.65	02:28:37.40	83	16	69
131 Dave	Foulkes		M45	M	00:19:58.1	00:12:27.85	01:07:44.40	00:48:42.50	02:28:52.80	84	3	70
103 David	Clarke	Stragglers	M60	M	00:21:11.6	00:15:08.65	01:09:29.90	00:43:25.45	02:29:15.60	85	1	71
101 Francesca	Clarke	Stragglers	F45	F	00:24:46.0	00:11:35.25	01:09:03.30	00:43:51.80	02:29:16.40	86	1	15
203 Shane	Renyard		M35	M	00:21:42.3	00:12:07.15	01:09:28.45	00:46:00.15	02:29:18.00	87	18	72
84 Stuart	Barton		M30	M	00:25:14.1	00:12:39.05	01:06:49.90	00:45:06.80	02:29:49.90	88	17	73
215 richard	Searle		M35	M	00:23:29.0	00:11:05.30	01:06:10.40	00:49:45.85	02:30:30.55	89	19	74
129 Elizabeth	Fitzpatrick		F20	F	00:21:13.3	00:09:37.35	01:09:07.45	00:51:07.30	02:31:05.40	90	2	16
176 Andrew	Mellor		M40	M	00:27:41.1	00:11:52.45	01:05:44.30	00:46:08.10	02:31:25.95	91	7	75
207 James	Sadler		M45	M	00:29:03.7	00:13:26.25	01:01:50.10	00:47:12.90	02:31:32.95	92	4	76
143 Charles	Greenway		M25	M	00:23:31.5	00:10:44.20	01:08:54.95	00:48:35.00	02:31:45.65	93	19	77
173 Edward	Mcllory		M30	M	00:22:01.8	00:11:54.35	01:14:07.95	00:44:00.85	02:32:04.90	94	18	78
247 Edward	Williams		M30	M	00:27:25.0	00:11:56.60	01:07:50.25	00:45:02.65	02:32:14.55	95	19	79
195 William	Platt		M30	M	00:24:36.4	00:11:35.00	01:07:53.80	00:48:14.95	02:32:20.10	96	20	80
78 Katie	Aspinall		F30	F	00:21:56.4	00:11:40.70	01:13:40.00	00:45:21.20	02:32:38.25	97	2	17
210 Andy	Sant		M45	M	00:25:55.7	00:11:22.00	01:09:36.80	00:45:50.95	02:32:45.45	98	5	81
187 Mark	Patchett	Warley Wasps	M50	M	00:24:38.8	00:13:37.05	01:06:38.30	00:48:15.70	02:33:09.85	99	8	82
196 Tim	Woodford	Lymington Tri Club	M35	M	00:27:16.4	00:12:44.40	01:07:02.30	00:46:24.30	02:33:27.45	100	20	83
83 Roberto	Barros	Hampstead Triathlon Club	M25	M	00:22:53.4	00:11:52.50	01:13:06.30	00:45:45.70	02:33:37.95	101	20	84
182 Alex	Morgan	Andover	M30	M	00:26:16.0	00:10:33.75	01:06:55.10	00:50:00.35	02:33:45.25	102	21	85

235 Mark	Thresher		M25	M	00:24:03.2	00:11:46.15	01:04:46.15	00:54:25.75	02:35:01.25	103	21	86
132 IAN	FOXALL	Tri Tempo	M45	M	00:26:34.9	00:11:20.45	01:11:15.25	00:46:53.45	02:36:04.00	104	6	87
252 Rachael	Woolston	Brighton Tri	F45	F	00:23:48.5	00:12:36.10	01:17:00.00	00:42:41.35	02:36:06.00	105	2	18
71 Sarah	Addington-Hall	Exeter Triathlon Club	F30	F	00:24:32.5	00:11:56.95	01:11:41.65	00:48:07.40	02:36:18.50	106	3	19
136 Mark	Gibson		m55	M	00:24:06.4	00:10:34.25	01:09:29.30	00:52:15.20	02:36:25.10	107	3	88
200 Brett	Pringle		M35	M	00:20:18.7	00:11:50.75	01:07:56.75	00:56:21.05	02:36:27.30	108	21	89
90 Mark	Brooks		M35	M	00:26:51.3	00:11:47.35	01:11:32.15	00:46:24.65	02:36:35.40	109	22	90
155 Thomas	Jackson		M60	M	00:28:42.2	00:13:58.80	01:09:50.90	00:44:39.45	02:37:11.35	110	2	91
248 Jonathan	Williams		M40	M	00:26:17.6	00:11:54.20	01:11:57.15	00:47:28.05	02:37:37.00	111	8	92
150 Jason	Hitchen		M45	M	00:23:54.8	00:12:37.10	01:10:46.90	00:51:07.75	02:38:26.50	112	7	93
202 Eleanor	Reid		F30	F	00:19:44.5	00:13:05.45	01:12:07.65	00:54:14.15	02:39:11.80	113	4	20
74 Marcus	Anselm	Hampstead Triathlon Club	M45	M	00:23:11.2	00:16:21.00	01:10:12.55	00:49:36.45	02:39:21.20	114	8	94
194 Thomas	Platt		M25	M	00:26:56.2	00:11:58.40	01:13:54.50	00:46:41.75	02:39:30.85	115	22	95
121 Jo	Evelyn	oxford tri	F40	F	00:22:04.4	00:12:40.50	01:10:40.75	00:54:38.65	02:40:04.35	116	4	21
227 Oliver	Stacey		M35	M	00:27:04.2	00:11:57.90	01:12:00.95	00:49:16.70	02:40:19.80	117	23	96
260 Darren/Barry/Hannah	Price/Russell/Herbert		RELAY	M	00:19:35.6	00:10:49.25	01:23:31.95	00:46:26.45	02:40:23.25	118	1	97
183 Laurence	North	triteam wessex	M40	M	00:21:48.0	00:16:21.00	01:10:12.25	00:52:12.90	02:40:34.15	119	9	98
126 Nigel	Field		M45	M	00:28:56.4	00:11:38.40	01:11:02.10	00:50:47.25	02:42:24.20	120	9	99
125 Mark	Fenwick		M35	M	00:25:28.0	00:13:56.60	01:10:14.15	00:53:14.95	02:42:53.70	121	24	100
181 Andy	Mitchell		M35	M	00:23:57.1	00:12:59.05	01:12:27.65	00:54:44.95	02:44:08.75	122	25	101
259 Carl/Chris/Mark	Alford/O'Brien		RELAY	M	00:25:41.6	00:13:37.60	01:10:05.35	00:54:44.30	02:44:08.85	123	2	102
140 Giles	Graves	Salisbury Tri	M40	M	00:21:05.1	00:12:16.55	01:09:27.60	01:01:40.50	02:44:29.75	124	10	103
145 Mark	Harman	New2Tri	M45	M	00:22:42.6	00:13:23.45	01:13:30.10	00:54:59.35	02:44:35.55	125	10	104
85 Catherine	Bevan	BTRS	F50	F	00:24:23.7	00:12:15.55	01:13:41.00	00:56:06.90	02:46:27.15	126	1	22
88 David	Boltwood	Portsmouth triathletes	M45	M	00:27:52.8	00:12:35.35	01:09:34.60	00:56:59.60	02:47:02.35	127	11	105
162 James	Kidd	Chester	M20	M	00:32:20.5	00:13:44.80	01:10:13.45	00:51:11.70	02:47:30.40	128	2	106
169 Chris	Lockwood		M40	M	00:22:55.4	00:16:05.25	01:14:49.30	00:54:17.15	02:48:07.05	129	11	107
72 Filippo	Alessandria		M35	M	00:24:02.1	00:13:46.80	01:18:39.10	00:51:50.15	02:48:18.10	130	26	108
237 Minke	van Til		F25	F	00:25:59.7	00:13:39.80	01:11:20.55	00:57:24.35	02:48:24.45	131	4	23
184 Kirstie	Oakley	Warley Wasps	F50	F	00:25:20.6	00:12:56.95	01:15:27.10	00:54:47.95	02:48:32.60	132	2	24
199 John	Powell		M40	M	00:23:52.0	00:13:32.05	01:16:46.30	00:55:35.80	02:49:46.15	133	12	109
224 Declan	Snowden		M30	M	00:25:26.9	00:14:32.80	01:21:14.50	00:49:22.05	02:50:36.20	134	22	110
76 Andres	AREVALO		M40	M	00:25:11.0	00:16:53.70	01:15:23.90	00:54:45.85	02:52:14.40	135	13	111
230 Robyn	Stock		F30	F	00:27:47.8	00:12:26.65	01:18:11.75	00:54:00.00	02:52:26.25	136	5	25
73 Liam	Andrews		M25	M	00:23:35.5	00:13:44.50	01:19:50.15	00:56:09.50	02:53:19.70	137	23	112
189 Gillian	Perry	Southampton	F45	F	00:26:05.2	00:13:01.15	01:15:25.55	00:59:00.95	02:53:32.80	138	3	26
127 Adam	Filby		M40	M	00:22:26.4	00:09:58.85	01:01:48.65	01:19:38.40	02:53:52.25	139	14	113
80 Emma	Bagley	Bristol & District Tri Club	F40	F	00:26:46.8	00:16:47.85	01:25:27.95	00:50:13.60	02:59:16.15	140	5	27
98 Amy	Cash		F25	F	00:24:27.7	00:12:26.80	01:22:51.20	00:59:47.60	02:59:33.25	141	5	28
186 Jessica	Owen		F30	F	00:28:32.9	00:13:33.40	01:20:19.95	00:57:39.75	03:00:06.00	142	6	29
170 Marina	Logacheva		F30	F	00:29:57.0	00:13:21.30	01:26:47.20	00:51:07.55	03:01:13.05	143	7	30
95 Sarah	Carniel		F25	F	00:26:36.3	00:13:38.50	01:21:51.75	01:02:41.00	03:04:47.60	144	6	31
87 Geraldine	Bloomfield		F40	F	00:24:10.6	00:13:32.35	01:28:01.70	00:59:12.45	03:04:57.10	145	6	32
108 Catherine	Cran		F30	F	00:26:31.9	00:18:38.60	01:24:07.90	00:57:55.20	03:07:13.65	146	8	33
255 Elizabeth	Goldring		F25	F	00:35:03.7	00:16:05.80	01:20:18.10	00:57:20.25	03:08:47.90	147	7	34
158 Gary	Kelsey		M35	M	00:39:08.9	00:17:18.65	01:16:41.20	00:58:23.50	03:11:32.20	148	27	114
97 Natalia	Casey		F20	F	00:24:08.7	00:12:59.25	01:36:15.95	00:59:28.30	03:12:52.20	149	3	35
118 Jan	Dupree		F50	F	00:27:00.0	00:16:05.80	01:31:02.80	01:01:34.00	03:15:42.55	150	3	36
198 Nick	POULSON	Lincoln	m55	M	00:45:29.0	00:12:19.25	01:16:27.45	01:01:26.90	03:15:42.65	151	4	115
156 Mario	Jaramillo		M40	M	00:37:19.0	00:20:42.60	01:24:23.50	00:53:59.10	03:16:24.20	152	15	116
204 Daniel	Riordan		M25	M	00:21:02.6	00:14:33.40	01:33:11.10	01:09:45.50	03:18:32.65	153	24	117
179 Louise	Miller	Portsmouth Triathelets	F45	F	00:34:50.4	00:14:36.60	01:34:22.00	01:01:41.85	03:25:30.80	154	4	37

137 Eleanor	Gilbert	F25	F	00:30:13.7	00:16:23.60	01:39:08.10	01:10:33.95	03:36:19.35	155	8	38
213 Zoe	Scutt-Walker	F25	F	00:24:59.8	00:18:44.45	01:40:11.10	01:12:24.40	03:36:19.75	156	9	39
92 Steven	Bussey	M45	M	00:28:14.1	00:15:39.00	01:21:21.55		DNF			
116 Ryan	Dudley	M25	M	00:32:58.9				DNF			
130 Simon	Flynn	M30	M	00:22:21.2	00:09:29.95	01:16:51.70	00:44:58.70	INCOMPLETE BIKE			

### SPRINT TRIATHLON/NOVICE EVENT

Bib	FirstName	LastName	Club	Category	M/F	SWIM	T-RUN	BIKE	RUN	TOTAL	OVERALL	IN CAT	BY M/F	
67	Mark	Hanby		M45	M	00:09:14.7	00:07:54.55	00:55:42.85	00:21:52.80	01:34:44.85		1	1	1
68	Tim	McDowell	Speedhub Race Team	M40	M	00:07:57.6	00:08:20.40	00:58:12.20	00:21:09.15	01:35:39.30		2	1	2
57	Graham	Starmer	Synergie Coaching	M50	M	00:08:47.8	00:07:58.95	00:57:22.30	00:22:08.45	01:36:17.50		3	1	3
51	Carl	Silver		M40	M	00:10:24.6	00:09:27.00	00:56:26.60	00:22:13.30	01:38:31.45		4	2	4
45	Bertie	Pettit	SouthCentral Academy	M15	M	00:07:04.6	00:07:56.45	01:04:20.75	00:21:08.50	01:40:30.25		5	1	5
39	Shaun	Montague		M50	M	00:10:20.5	00:08:13.25	01:08:29.40	00:21:59.00	01:49:02.15		6	2	6
38	david	Mongey	TriForce St Albans	M50	M	00:11:53.0	00:10:08.00	01:04:56.70	00:24:05.55	01:51:03.25		7	3	7
56	Steve	Squires	Portsmouth Tri	M40	M	00:11:23.4	00:11:23.85	01:07:52.95	00:23:47.55	01:54:27.75		8	3	8
55	Josh	Sims		M25	M	00:13:39.4	00:10:34.40	01:06:46.10	00:24:47.30	01:55:47.20		9	1	9
61	Steve	Wildish		M30	M	00:13:23.5	00:12:39.95	01:06:58.00	00:24:19.55	01:57:21.00		10	1	10
22	James	Hall		M30	M					01:58:22.00		11	2	11
25	Emily	Hatch		F25	F	00:12:06.8	00:11:00.30	01:09:45.05	00:25:37.85	01:58:30.00		12	1	1
26	rhys	hawkes	Portsmouth Tri	M35	M	00:11:14.8	00:10:50.45	01:09:32.30	00:28:29.80	02:00:07.30		13	1	12
1	Natalia	Alvarez		F35	F	00:11:30.7	00:13:38.40	01:08:54.90	00:26:25.15	02:00:29.10		14	1	2
14	Luke	Devitt-Spooner		M30	M	00:12:38.7	00:11:58.80	01:11:11.05	00:26:34.40	02:02:22.90		15	3	13
16	Rachel	Dunning		F30	F	00:09:09.3	00:11:56.75	01:09:59.80	00:31:53.10	02:02:58.95		16	1	3
32	Nate	Long		M30	M	00:13:27.7	00:11:38.00	01:10:46.55	00:29:03.80	02:04:56.00		17	4	14
58	Daniel	Steer		M35	M	00:11:04.9	00:11:25.05	01:13:41.05	00:30:42.05	02:06:53.05		18	2	15
31	Fiona	Lewis		F20	F	00:11:03.2	00:14:11.60	01:11:24.25	00:31:06.40	02:07:45.45		19	1	4
28	Jamie	Hiscock		M25	M	00:16:04.0	00:12:47.80	01:11:13.45	00:27:40.50	02:07:45.80		20	2	16
35	Jess	Maidment		F30	F	00:12:09.6	00:12:53.10	01:12:26.55	00:30:52.70	02:08:21.90		21	2	5
6	Katrina	Black		F30	F	00:12:08.7	00:13:51.35	01:13:58.50	00:28:26.05	02:08:24.55		22	3	6
188	Martin	Pearce		M40	M	00:15:51.5	00:13:37.20	01:10:56.95	00:28:36.30	02:09:02.00		23	4	17
48	Christina	Reuter		F25	F	00:13:23.4	00:13:35.45	01:14:54.65	00:28:35.10	02:10:28.60		24	2	7
12	Catherine	Dash		F35	F	00:12:55.4	00:13:51.45	01:16:29.05	00:27:51.15	02:11:07.05		25	2	8
37	Matthew	Mayes	GOODTRI	M40	M	00:13:12.8	00:10:54.85	01:19:16.65	00:28:32.35	02:11:56.70		26	5	18
9	Wilson	Caro		M40	M	00:12:46.9	00:15:26.15	01:16:40.15	00:27:17.25	02:12:10.50		27	6	19
3	Sadie	Barron		F40	F	00:16:24.3	00:14:04.30	01:12:27.25	00:29:17.40	02:12:13.25		28	1	9
59	Judy	Tew		F35	F	00:12:49.4	00:12:16.70	01:14:40.15	00:33:33.70	02:13:20.00		29	3	10
46	Claire	Phelan		F25	F	00:14:24.3	00:12:37.15	01:15:12.50	00:31:41.75	02:13:55.70		30	3	11
20	Catherine	Grasham	OxTri	F30	F	00:14:04.1	00:12:24.00	01:16:37.70	00:31:49.80	02:14:55.65		31	4	12
2	Christopher	Amess		M35	M	00:10:56.7	00:12:37.90	01:06:59.95	00:44:26.20	02:15:00.80		32	3	20
54	eric	sealey	Tri Purbeck	M60	M					02:15:54.00		33	1	21
65	Stuart	Woodroofe		M25	M	00:16:55.6	00:12:35.45	01:17:42.50	00:31:34.00	02:18:47.60		34	3	22
63	Duncan	Wilson		M40	M	00:15:35.6	00:11:44.00	01:23:13.15	00:28:30.05	02:19:02.75		35	7	23
42	Maria	Nunez		F45	F	00:11:11.0	00:10:47.25	01:08:41.00	00:48:38.10	02:19:17.35		36	1	13
8	Ben	Bullen		M35	M	00:13:52.2	00:16:02.05	01:19:05.30	00:30:42.10	02:19:41.65		37	4	24
15	Annamarie	Dodds		F45	F	00:14:56.8	00:13:38.80	01:19:40.35	00:31:40.75	02:19:56.65		38	2	14
30	Victoria	Jarman		F25	F	00:13:55.0	00:11:06.15	01:23:48.15	00:31:46.60	02:20:35.90		39	4	15
36	Jen	Marshall		F25	F	00:13:57.8	00:12:13.00	01:19:53.65	00:34:35.05	02:20:39.55		40	5	16
64	Catherine	Wonnacott	Hantspol Triclub	F45	F	00:11:07.9	00:15:45.20	01:23:54.15	00:30:22.75	02:21:10.05		41	3	17
10	Andy	Clarke		M30	M	00:15:41.8	00:14:23.80	01:22:22.20	00:30:59.50	02:23:27.25		42	5	25
24	Madeleine	Harris		F30	F	00:15:23.0	00:15:04.10	01:22:45.65	00:31:42.40	02:24:55.15		43	5	18
40	Sarah	Murphy		F20	F	00:15:52.7	00:15:03.75	01:20:10.80	00:35:11.90	02:26:19.15		44	2	19

49 Bethan	Roberts		F20	F	00:17:12.0	00:13:42.50	01:20:10.50	00:35:14.25	02:26:19.30	45	3	20
19 Hannah	Gibbs		F20	F	00:14:29.2	00:14:53.30	01:23:51.15	00:37:27.80	02:30:41.45	46	4	21
52 Ester	Sandiford		F35	F					02:32:28.00	47	4	22
21 Teresa	Griffith		F30	F	00:17:57.2	00:13:36.55	01:28:39.55	00:34:14.45	02:34:27.80	48	6	23
66 Liam	Zamudio	CDF Runners	M25	M	00:17:00.0	00:14:01.05	01:31:01.10	00:35:51.30	02:37:53.50	49	4	26
11 Laura	Collins		F25	F	00:17:09.5	00:14:12.05	01:30:38.25	00:37:52.75	02:39:52.50	50	6	24
47 Mike	Powis		m55	M	00:19:42.9	00:14:03.90	01:36:14.00	00:42:22.60	02:52:23.35	51	1	27
62 Caroline	Wilson		f55	F	00:16:13.8	00:25:21.90	01:41:27.60	00:39:04.50	03:02:07.85	52	1	25
5 jean	bevan		f55	F	00:16:07.5	00:25:27.55	01:41:28.55	00:39:04.45	03:02:08.05	53	2	26
238 Marine	Veron	GRTW	F35	F		01:23:38.70	00:29:51.45		NO SWIM			
23 Daniel	Hamilton		M25	M	00:14:59.7	00:13:55.20	00:28:54.85		DNF			
4 Ryan	Bateman		M20	M		01:36:54.10	00:30:46.40		NO SWIM			

## DUATHLON RESULTS

Bib	FirstName	LastName	Club	Category	M/F	RUN 1	BIKE	RUN 2	TOTAL	OVERALL	IN CAT	BY M/F
263	Alistair	Bunting		M40	M	00:18:52.3	00:56:00.55	00:20:28.80	01:35:21.70	1		1 1
264	Paul	Cockburn		M45	M	00:19:19.0	01:05:00.55	00:21:30.70	01:45:50.20	2		1 2
268	Anja	Heijnen		F50	F	00:21:36.5	01:01:30.05	00:23:22.25	01:46:28.85	3		1 1
279	colin	white		M45	M	00:22:45.0	01:02:59.60	00:23:33.90	01:49:18.45	4		2 3
274	Steve	Reed		M45	M	00:24:37.7	01:00:56.75	00:25:47.45	01:51:21.90	5		3 4
276	Alice	Walford		F20	F	00:22:27.9	01:07:55.20	00:22:20.65	01:52:43.80	6		1 2
277	Jonathan	Walters	Tri2o	M45	M	00:22:06.7	01:06:02.10	00:25:33.80	01:53:42.65	7		4 5
269	Matthew	Horne		M25	M	00:25:01.2	01:06:31.00	00:27:29.95	01:59:02.15	8		1 6
271	Spencer	Lea		M45	M	00:24:20.2	01:15:38.55	00:26:43.05	02:06:41.80	9		5 7
273	Heather	Randall		F35	F	00:25:23.4	01:18:21.30	00:26:58.40	02:10:43.10	10		1 3
278	Matthew	Westmore		M40	M	00:27:37.3	01:16:15.15	00:31:29.90	02:15:22.35	11		2 8
266	Jordan	Elbro		F30	F	00:28:32.1	01:27:46.85	00:31:54.35	02:28:13.35	12		1 4
280	Rachel	William	Southampton Triathlon Club	F25	F	00:30:49.6	01:23:17.80	00:36:00.15	02:30:07.55	13		1 5
261	Catherine	Barry		F40	F	00:30:43.8	01:43:31.40	00:38:01.40	02:52:16.55	14		1 6
262	Ben	Barry		M40	M	00:31:24.7	01:42:50.60	00:38:01.70	02:52:16.95	15		3 9
267	Daniel	Gardner		M30	M	00:31:19.4	01:43:21.35	00:42:12.65	02:56:53.45	16		1 10