



## David Lloyd Ringwood Tri 10<sup>TH</sup> June 2018 Run Route

### DIRECTIONS:

Exit Transition into Peewits Lane & turn right into Christchurch Road – stay on pavement!

Continue past the David Lloyd entrance, cross the road carefully at Hatches Lane & continue on the pavement out towards the edge of Moortown/Ringwood

Turn right at the marshal onto the footpath towards Black Firs / North Common area

Follow the signed & marshalled loop anti-clockwise to rejoin Christchurch Road 100yds south of where you left it!

From there head back along the pavement to Peewits Lane & Transition to complete a marked route around the perimeter of the Club to the finish adjacent the Clubroom!