



Bike Course – David Lloyd Ringwood Triathlon 10th June 2018

DIRECTIONS:

From Peewits lane exit Transition , mount bike and turn left onto Christchurch Road

At the new supermarket roundabout, complete a loop back on yourself to Christchurch Road B3347, head back past the David Lloyd Club then stay on this road towards Sopley.

At Sopley continue straight on via the one-way system to Winkton village.

In Winkton turn left onto Burley Road towards Bransgore

In Bransgore turn left into Ringwood Road

At the edge of the village turn left into Derritt Lane back towards Sopley

In Sopley merge into the one-way system back around the traffic island and onto the northbound Christchurch Road back towards Ringwood to retrace your earlier route.

Continue past the David Lloyd main entrance to turn left to dismount in Peewits Lane into Transition

Download this course as GPS/GPX: <https://www.gpsies.com/map.do?fileId=pudfjmhczjmclovo>