

## SWASHBUCKLER STANDARD DISTANCE RESULTS

Bib	FirstName	LastName	Club	Category	M/F	Swim	Bike	Run	Total	Overall	By Cat	By M/F
145	Niall	Laming		M25	M	00:20:21.8	01:10:22.00	00:46:27.90	02:17:11.75	1	1	1
120	John	Soutar	Trythan Race Team	M30	M	00:24:32.4	01:09:36.40	00:44:16.75	02:18:25.50	2	1	2
29	Bryan	Donnelly		M40	M	00:24:31.0	01:12:34.10	00:46:04.75	02:23:09.85	3	1	3
134	Tim	Wallis		M30	M	00:25:38.4	01:08:09.25	00:50:22.25	02:24:09.85	4	2	4
127	Oliver	TEENAN	Zoom triathlon club	M20	M	00:25:36.3	01:17:23.60	00:43:55.00	02:26:54.95	5	1	5
25	James	Dean		M30	M	00:30:34.7	01:14:39.55	00:43:56.50	02:29:10.80	6	3	6
1	David	Ardley	Southampton Triathlon Club	m55	M	00:24:54.1	01:12:08.00	00:53:09.90	02:30:12.00	7	1	7
106	Wayne	Reynolds	Salisbury Tri Club	M35	M	00:26:53.7	01:16:51.25	00:48:34.20	02:32:19.10	8	1	8
12	Toby	Clay	Royal Navy Tri	M40	M	00:31:58.7	01:11:13.15	00:49:35.65	02:32:47.50	9	2	9
93	Robert	Murray		M30	M	00:26:47.9	01:14:52.70	00:51:31.60	02:33:12.15	10	4	10
13	Zac	Clayton	Clapham Chasers	M25	M	00:31:48.7	01:11:05.50	00:50:28.85	02:33:23.05	11	2	11
104	Adam	Raymond	TriPurbeck	M25	M	00:30:23.3	01:15:26.05	00:49:57.60	02:35:46.95	12	3	12
44	david	fowler	Tri-20	M40	M	00:31:28.7	01:12:43.40	00:52:01.70	02:36:13.80	13	3	13
5	Mark	Blokland	Mad Tri	M50	M	00:25:59.4	01:17:40.70	00:53:49.30	02:37:29.35	14	1	14
101	Josh	Pemberton-Hill		M25	M	00:26:32.4	01:19:53.30	00:52:33.20	02:38:58.90	15	4	15
28	Vicki	Dibdin	David Lloyd Ringwood	F35	F	00:25:30.0	01:22:50.10	00:51:44.80	02:40:04.85	16	1	1
121	Hugh	Sparks		M30	M	00:29:58.2	01:20:30.90	00:49:59.90	02:40:28.95	17	5	16
73	Nick	Kenney	Wight Tri	M45	M	00:31:24.3	01:20:09.50	00:49:39.55	02:41:13.35	18	1	17
153	Karina	Eustace	Team THE	F25	F	00:28:45.6	01:16:36.15	00:56:09.75	02:41:31.50	19	1	2
14	Thomas	Clayton	Farnham triathlon club	M35	M	00:36:21.4	01:16:07.75	00:49:11.25	02:41:40.35	20	2	18
78	Eamonn	King	Portsmouth	M30	M	00:26:10.8	01:20:44.10	00:55:01.60	02:41:56.50	21	6	19
37	Richard	Elliott		m55	M	00:30:54.6	01:17:11.60	00:54:29.95	02:42:36.10	22	2	20
64	Rithy	Hy	Salisbury Tri Club	M35	M	00:33:19.8	01:20:13.80	00:49:21.70	02:42:55.35	23	3	21
362	Mark	Russell	Athelite Triathlon Club	M40	M	00:31:34.7	01:18:46.30	00:53:23.70	02:43:44.75	24	4	22
36	Nick	Elford	Racestrong	M40	M	00:36:13.6	01:19:23.35	00:49:31.45	02:45:08.45	25	5	23
132	Duncan	Wade		M50	M	00:28:28.1	01:18:25.40	00:58:51.65	02:45:45.15	26	2	24
85	Sammy	McNaught	Guernsey Triathlon Club	F25	F	00:27:49.9	01:23:55.60	00:54:31.10	02:46:16.55	27	2	3
87	Steve	Mitchell		M40	M	00:39:06.7	01:18:52.70	00:50:00.85	02:48:00.25	28	6	25
119	Ian	Smith	Lymington	m55	M	00:26:58.5	01:26:31.80	00:54:45.95	02:48:16.25	29	3	26
84	Philip	martin	Bayside	m55	M	00:32:46.9	01:20:36.60	00:55:11.15	02:48:34.65	30	4	27
68	Victoria	Joel	Bayside tri	F40	F	00:32:35.5	01:20:46.10	00:55:56.85	02:49:18.40	31	1	4
49	Darren	Gregory		M30	M	00:34:17.6	01:24:43.95	00:50:30.25	02:49:31.80	32	7	28
4	Gillian	Blake	9 Endurance	F35	F	00:27:52.8	01:22:53.50	00:59:29.85	02:50:16.15	33	2	5
24	Simon	Dawson	oxford tri	M35	M	00:36:11.7	01:22:42.40	00:52:11.35	02:51:05.45	34	4	29
143	Thomas	Wilkinson		M30	M	00:29:56.9	01:23:39.65	00:57:50.85	02:51:27.45	35	8	30
122	James	Stefanie		M40	M	00:32:10.7	01:21:27.60	00:58:04.35	02:51:42.65	36	7	31
103	Matthew	Pillinger		M35	M	00:36:57.5	01:24:24.85	00:50:55.20	02:52:17.50	37	5	32
72	Simon	Kenney		M40	M	00:30:16.5	01:23:18.85	01:00:06.45	02:53:41.80	38	8	33
9	Simon	carvisiglia	Tri Purbeck	M50	M	00:37:37.5	01:21:03.70	00:55:26.45	02:54:07.65	39	3	34

102	Jenny	Philips	Petersfield Triathlon Club	F50	F	00:32:36.5	01:25:16.20	00:57:24.85	02:55:17.55	40	1	6
38	Mark	Evans		M30	M	00:36:21.8	01:22:07.70	00:57:13.70	02:55:43.25	41	9	35
115	Adam	Scott		M30	M	00:32:49.3	01:23:38.35	00:59:15.85	02:55:43.55	42	10	36
71	Aron	Kelly	Southampton Triathlon Club	M30	M	00:27:55.2	01:15:39.60	01:12:10.50	02:55:45.25	43	11	37
3	Ashley	Beevers		M30	M	00:36:38.9	01:22:16.35	00:57:26.50	02:56:21.80	44	12	38
26	Alessandro	Desogus	Windmilers	M40	M	00:35:08.5	01:27:42.85	00:54:27.30	02:57:18.70	45	9	39
23	Amy	Davis	Southampton	F20	F	00:33:03.3	01:29:14.55	00:55:33.15	02:57:51.05	46	1	7
125	Francesco	Tambellini		M20	M	00:37:15.8	01:26:26.20	00:54:50.05	02:58:32.05	47	2	40
7	Andrew	Cardnell		M35	M	00:35:02.1	01:25:04.40	00:58:25.70	02:58:32.20	48	6	41
99	tony	nugent	ATHELITE	M50	M	00:36:55.2	01:18:55.70	01:04:20.95	03:00:11.85	49	4	42
131	Dan	Vickers		M30	M	00:32:59.9	01:27:33.50	01:01:27.75	03:02:01.15	50	13	43
138	Chris	Watson		M25	M	00:33:42.1	01:23:16.30	01:05:12.65	03:02:11.00	51	5	44
69	Antony	Josey		M50	M	00:36:32.1	01:22:14.40	01:04:24.35	03:03:10.85	52	5	45
75	Philip	Kent		M30	M	00:36:50.8	01:24:42.85	01:01:38.05	03:03:11.75	53	14	46
105	Cliff	Reeves		M45	M	00:35:41.5	01:21:51.15	01:06:00.05	03:03:32.70	54	2	47
10	Katie	Cash	North Dorset Tr	F35	F	00:36:34.6	01:25:00.65	01:02:28.05	03:04:03.35	55	3	8
2	Tom	Ashcroft	Northants Triathlon Club	M30	M	00:36:36.8	01:27:50.10	00:59:41.75	03:04:08.65	56	15	48
128	Rob	Toms	Guernsey Triathlon Club	M45	M	00:37:24.8	01:24:16.70	01:02:29.70	03:04:11.20	57	3	49
50	Leanne	Hamlyn		F45	F	00:41:57.3	01:24:10.85	00:58:09.15	03:04:17.35	58	1	9
30	Hester	Duncan	Long Eaton Tri Club	F35	F	00:32:54.8	01:31:14.40	01:00:22.40	03:04:31.55	59	4	10
118	Kate	Smith	Petersfield Triathlon Club	F40	F	00:33:21.6	01:34:22.90	00:56:47.95	03:04:32.50	60	2	11
76	Dudley	Kent	Salisbury Tri Club	M45	M	00:35:46.7	01:25:45.95	01:04:21.30	03:05:53.90	61	4	50
100	Geraldine	Pearson	3Ctri	F30	F	00:31:40.1	01:35:39.95	00:58:50.10	03:06:10.20	62	1	12
130	Georgie	Vickers		F30	F	00:33:09.5	01:27:25.15	01:06:36.95	03:07:11.65	63	2	13
77	Mike	Kent	Team Titans	M50	M	00:34:23.3	01:25:09.00	01:08:00.40	03:07:32.65	64	6	51
117	David	Skelton		M35	M	00:39:36.7	01:33:50.35	00:55:01.75	03:08:28.75	65	7	52
42	Rebecca	Fowler	Tri20	F40	F	00:42:14.1	01:23:49.85	01:02:31.60	03:08:35.60	66	3	14
86	Dan	Mellor		M25	M	00:49:42.2	01:22:22.05	00:57:54.75	03:09:59.00	67	6	53
74	Celia	Kent		F30	F	00:38:46.5	01:36:45.15	00:54:58.30	03:10:29.95	68	3	15
136	JASON	WARNES		M40	M	00:30:12.6	01:36:24.85	01:03:55.65	03:10:33.10	69	10	54
80	Gareth	Lakeman		M35	M	00:42:56.4	01:32:36.75	00:55:02.25	03:10:35.40	70	8	55
70	Rex	Jude		M25	M	00:37:34.5	01:34:08.05	01:01:40.70	03:13:23.20	71	7	56
43	Christopher	Fowler		M25	M	00:34:10.6	01:40:03.45	00:59:19.00	03:13:33.00	72	8	57
110	Rich	Roberts	Petersfield	M50	M	00:34:35.4	01:32:08.00	01:06:52.05	03:13:35.40	73	7	58
59	Sarah	Hiscott		F30	F	00:42:24.4	01:32:40.45	00:59:18.35	03:14:23.25	74	4	16
65	Mary	Jackson	Petersfield	f55	F	00:28:55.8	01:37:46.30	01:07:51.20	03:14:33.35	75	1	17
40	Paul	Fensome	Southampton Triathlon Club	m55	M	00:50:10.4	01:24:15.20	01:00:33.05	03:14:58.70	76	5	59
52	Vivien	Hanson		F35	F	00:32:15.0	01:27:29.20	01:16:26.45	03:16:10.60	77	5	18
123	Nicola	Stewart	ATHELITE	F40	F	00:31:19.8	01:29:26.25	01:15:28.10	03:16:14.15	78	4	19
60	Sophie	Holt		F30	F	00:33:04.7	01:34:08.80	01:09:55.85	03:17:09.40	79	5	20
95	Harriet	Nicholson	Southampton	F30	F	00:33:15.8	01:33:39.80	01:10:46.20	03:17:41.80	80	6	21

137	Nicola	Waters		F30	F	00:40:27.7	01:32:24.30	01:06:09.95	03:19:01.95	81	7	22
108	Colin	Richards		M40	M	00:44:19.6	01:34:24.05	01:00:59.00	03:19:42.60	82	11	60
142	Isabell	Wilkinson		F30	F	00:42:02.3	01:36:07.40	01:01:51.50	03:20:01.15	83	8	23
51	Rob	Hampson	Petersfield Triathlon Club	M50	M	00:36:42.8	01:24:13.35	01:19:54.45	03:20:50.60	84	8	61
67	Michele	jacobs		F35	F	00:47:46.2	01:37:30.45	00:56:16.85	03:21:33.50	85	6	24
56	Michael	Heap	Petersfield Triathlon Club	M45	M	00:37:13.9	01:29:35.65	01:14:53.35	03:21:42.90	86	5	62
94	Freya	Nicholson		F25	F	00:47:11.1	01:28:05.25	01:06:36.45	03:21:52.80	87	3	25
45	Anna	Pilkington	Phoenix Tri	F25	F	00:43:02.6	01:36:12.85	01:03:01.80	03:22:17.25	88	4	26
82	Jessica	Lowe		F25	F	00:35:52.5	01:39:52.60	01:07:36.45	03:23:21.55	89	5	27
20	Olivia	Darlington		F30	F	00:36:29.3	01:39:01.40	01:07:59.40	03:23:30.10	90	9	28
98	simon	nolan	Farnham Tri	M35	M	00:36:19.3	01:35:46.95	01:11:38.20	03:23:44.45	91	9	63
141	Shane	Wickett		M40	M	00:44:24.0	01:32:54.55	01:08:37.00	03:25:55.55	92	12	64
144	David	Williams	Salisbury Tri Club	M35	M	00:40:36.3	01:36:49.10	01:08:53.00	03:26:18.40	93	10	65
96	Charlie	Nicholson		M30	M	00:39:58.8	01:38:37.65	01:09:21.25	03:27:57.70	94	16	66
97	Lucy	Noe	Petersfield Triathlon Club	F35	F	00:35:44.0	01:45:16.95	01:07:34.80	03:28:35.80	95	7	29
90	Claire	Mullaney		F35	F	00:49:56.7	01:41:41.50	00:58:57.05	03:30:35.25	96	8	30
41	Ciani	Foulkes	Petersfield	F35	F	00:43:47.0	01:37:31.50	01:10:56.10	03:32:14.65	97	9	31
114	Alan	Sawyer	Salisbury Tri Club	M50	M	00:32:29.4	01:40:03.50	01:20:05.20	03:32:38.10	98	9	67
54	Lily	Hardwick		f17	F	00:40:40.5	01:49:04.85	01:04:11.95	03:33:57.30	99	1	32
15	Karen	Connell		F35	F	00:52:20.4	01:42:19.25	00:59:22.05	03:34:01.75	100	10	33
129	Vanessa	Tucker		F50	F	00:57:28.5	01:35:07.85	01:03:05.10	03:35:41.50	101	2	34
88	Laura	Mottram	David Lloyd Southampton	F30	F	00:40:25.8	01:48:35.55	01:06:48.70	03:35:50.05	102	10	35
63	Ann	Hunter		F35	F	00:36:56.5	01:41:57.50	01:17:26.70	03:36:20.70	103	11	36
92	Lara	Murray		F25	F	00:38:29.9	01:40:29.55	01:17:41.70	03:36:41.15	104	6	37
66	Louisa	Jacob		F45	F	00:51:53.8	01:37:23.85	01:11:12.30	03:40:29.95	105	2	38
81	Ian	Lennon		M25	M	00:53:28.7	01:38:01.10	01:09:28.70	03:40:58.50	106	9	68
112	Gemma Le	Roy		F30	F	00:44:02.9	01:46:03.25	01:11:52.40	03:41:58.55	107	11	39
89	sandra	muga	Southampton tri club	F30	F	00:37:33.3	01:36:12.30	01:28:22.80	03:42:08.40	108	12	40
22	Ann	Davies		F45	F	00:41:47.7	01:44:42.65	01:17:40.55	03:44:10.90	110	3	41
140	Amanda	Weston		F35	F	00:37:35.7	01:45:38.90	01:22:49.40	03:46:04.05	111	12	42
91	Robert	Munn	Zoom Tri	M40	M	00:38:02.3	01:43:13.25	01:29:45.70	03:51:01.20	112	13	70
83	Matthew	MacDonald		M25	M	00:48:41.7	01:40:41.40	01:22:53.60	03:52:16.70	113	10	71
17	Michael	Crane		M30	M	00:50:35.6	01:35:11.90	01:27:03.60	03:52:51.10	114	17	72
57	Jemma	Hill		F25	F	00:48:45.0	01:55:06.05	01:12:21.40	03:56:12.45	115	7	43
46	Siobhan	Gill	Petersfield	F40	F	00:40:55.7	01:50:45.75	01:24:58.10	03:56:39.55	116	5	44
109	Jenny	Roberts	Portsmouth triathletes	F35	F	00:41:44.9	01:51:54.45	01:28:36.30	04:02:15.60	117	13	45
124	Ian	Sturdgess	Bedfor Harriers	m55	M	00:53:26.5	01:46:18.50	01:25:24.45	04:05:09.45	118	6	73
31	ian	dunton		M45	M	00:42:46.9	02:22:30.05	01:04:38.45	04:09:55.45	119	6	74
79	Marie-Helene	Kite		F40	F	00:41:06.9	02:05:35.40	01:23:18.95	04:10:01.20	120	6	46
8	Liz	Carter	Southampton Triathlon Club	F45	F	00:52:51.9	02:01:31.60	01:33:11.55	04:27:35.05	121	4	47
27	ROBERT	DEVONSHIRE		M30	M	00:37:56.2	01:35:39.90					

35 Sam	Edwards		F40	F	00:38:06.5	01:38:39.50					
34 Tracey	Edmunds	Zoom Tri	F40	F	00:35:51.4	02:03:50.95					
139 Cheryl	Weeks	TriPurbeck	f55	F	00:53:19.4						
133 Tim	Wainwright		M50	M	00:38:24.3	01:45:59.20	01:18:02.00	incomplete swim			

## SWASHBUCKLER MIDDLE DISTANCE RESULTS

Bib	FirstName	LastName	Club	Category	M/F	SWIM	BIKE	RUN	TOTAL	Overall	By Cat.	By M/F
297	Andy	Greenleaf	Team Freespeed	M35	M	00:35:08.9	02:17:04.50	01:20:48.60	04:13:01.95	1	1	1
315	Dave	Phillips	Army Triathlon	M35	M	00:28:54.5	02:24:37.45	01:30:00.70	04:23:32.60	2	2	2
324	Ben	Webeck	ABCpure	M35	M	00:31:09.8	02:18:23.20	01:34:42.85	04:24:15.85	3	3	3
216	David	Boileve Cooper	ABC Pure	M25	M	00:32:17.4	02:14:07.60	01:40:24.50	04:26:49.50	4	1	4
237	Thomas	Wade	Optima Racing Team	M25	M	00:27:00.0	02:25:25.30	01:35:02.70	04:27:28.00	5	2	5
212	Alex	Bradley	Team Freespeed	M20	M	00:31:13.6	02:18:15.80	01:39:43.85	04:29:13.20	6	1	6
222	Matt	Dixon	Southampton tri club	M25	M	00:29:51.9	02:14:18.10	01:45:54.25	04:30:04.25	7	3	7
256	Robert	Fryer	PHCC	M30	M	00:29:29.7	02:27:13.45	01:34:53.05	04:31:36.20	8	1	8
241	Rob	Arkell		M30	M	00:36:26.6	02:25:59.30	01:29:35.65	04:32:01.55	9	2	9
285	Paul	Burton	Optima Racing Team	M35	M	00:30:46.8	02:17:11.80	01:45:13.35	04:33:11.95	10	4	10
261	Florian	Heigl	KSV-TriTeam Kapfenberg	M30	M	00:33:07.3	02:19:42.00	01:43:27.30	04:36:16.60	11	3	11
296	George	Gray	Farnham Tri Club	M35	M	00:31:44.0	02:24:25.60	01:41:39.95	04:37:49.55	12	5	12
420	Keith	Garbutt		M50	M	00:34:39.7	02:27:59.10	01:35:17.80	04:37:56.60	13	1	13
272	Ian	Orme	Trythan Race Team	M30	M	00:31:51.8	02:31:52.35	01:36:44.95	04:40:29.10	15	4	15
239	Michael	Akers	TEAM LOBSTER	M30	M	00:35:08.9	02:28:36.15	01:37:21.70	04:41:06.80	16	5	16
259	James	Haigh	Exeter	M30	M	00:29:59.2	02:29:33.50	01:42:31.00	04:42:03.70	17	6	17
332	Lee	Charles	Evo Tri Club	M40	M	00:35:01.8	02:24:06.85	01:45:38.00	04:44:46.60	18	1	18
436	Alan	Rowe	Guernsey Triathlon	M50	M	00:31:52.5	02:29:13.40	01:43:50.55	04:44:56.45	19	2	19
351	Sean	Murphy	Guernsey Triathlon Club	M40	M	00:32:05.3	02:29:07.50	01:44:10.90	04:45:23.75	20	2	20
298	Martin	Groundsell	Overton Harriers	M35	M	00:33:08.8	02:39:26.35	01:33:16.60	04:45:51.70	21	6	21
220	richard	clarke	RAF tri club	M25	M	00:33:15.0	02:30:01.20	01:43:28.70	04:46:44.90	22	4	22
290	Paul	Edmonds	Southampton Triathlon Club	M35	M	00:31:48.2	02:33:20.90	01:41:40.55	04:46:49.65	23	7	23
397	Neil	Lewis	Chippenham Tri	M45	M	00:34:38.0	02:33:08.45	01:39:32.75	04:47:19.25	24	1	24
273	mathew	Pritchard	CD Training	M30	M	00:34:26.4	02:32:03.00	01:40:57.45	04:47:26.85	25	7	25
275	Tom	Ralph	Greenwich Tritons	M30	M	00:35:59.5	02:31:09.65	01:41:42.70	04:48:51.90	26	8	26
266	Matt	Luxton	Matt Luxton Health and Fitness	M30	M	00:35:23.1	02:31:40.75	01:42:46.10	04:49:50.00	27	9	27
376	James	Beckinsale	Optima Racing Team	M45	M	00:33:12.9	02:29:39.30	01:46:58.65	04:49:50.85	28	2	28
458	Andy/Alex	Blow/Croucher	Precision Hydration	RELAY	M	00:28:23.0	02:41:21.25	01:40:34.60	04:50:19.35	29	1	29
246	sean	carter		M30	M	00:38:25.1	02:34:31.45	01:37:28.30	04:50:24.85	30	10	30
355	gareth	piggott	Tuff Fitty	M40	M	00:38:28.2	02:27:44.85	01:46:06.25	04:52:19.30	31	3	31
393	Alan	hughes	Exeter tri	M45	M	00:33:46.1	02:29:32.05	01:49:17.80	04:52:35.95	32	3	32
313	Pete	Orme	Phoenix Tri	M35	M	00:34:56.6	02:36:01.95	01:42:09.95	04:53:08.45	33	8	33
383	Chris	Dodds	Wessex	M45	M	00:34:02.9	02:38:00.95	01:43:00.75	04:55:04.60	34	4	34
269	Jacques	McEaney		M30	M	00:32:15.8	02:32:34.95	01:51:33.15	04:56:23.90	35	11	35

425	Roy	Matthews	Petersfield Triathlon Club	M50	M	00:40:51.1	02:26:27.40	01:49:57.65	04:57:16.15	36	3	36
250	Sam	de Kooker	Guernsey Triathlon Club	M30	M	00:36:19.6	02:29:35.25	01:51:36.15	04:57:31.05	37	12	37
213	Alistair	Jefferson		M20	M	00:37:50.2	02:36:39.00	01:43:03.55	04:57:32.70	38	2	38
308	Paul	Manning	Farnham Tri Club	M35	M	00:41:12.9	02:34:33.40	01:42:06.00	04:57:52.30	39	9	39
434	Mark	Richardson	Farnham Tri Club	M50	M	00:37:39.3	02:27:39.65	01:52:42.85	04:58:01.75	40	4	40
437	mark	sadler	Phoenix Tri	M50	M	00:40:11.7	02:31:02.30	01:49:22.65	05:00:36.60	41	5	41
359	Mark	Richardson		M40	M	00:30:53.8	02:41:45.60	01:48:44.70	05:01:24.10	42	4	42
346	Matt	Kerry		M40	M	00:40:29.0	02:40:24.90	01:40:48.85	05:01:42.75	43	5	43
336	Matthew	Cunningham-Neuff		M40	M	00:36:49.2	02:29:35.75	01:55:44.40	05:02:09.40	44	6	44
211	Tom	Barnard	Bayside tri	M20	M	00:38:49.2	02:37:22.85	01:46:01.15	05:02:13.15	45	3	45
232	Rick	Nicholls	Phoenix Tri	M25	M	00:41:38.6	02:37:45.80	01:43:32.20	05:02:56.55	46	5	46
320	Gavin	Sewell	Tuff Fitty Triathlon Club	M35	M	00:36:57.7	02:39:23.70	01:47:31.65	05:03:53.05	47	10	47
278	Derik	Williams		M30	M	00:37:25.0	02:34:43.70	01:51:55.05	05:04:03.75	48	13	48
279	Lee	Williams	LEG-IT	M30	M	00:40:13.8	02:28:32.95	01:55:24.65	05:04:11.40	49	14	49
233	Liam	Pryer		M25	M	00:36:59.1	02:41:47.40	01:47:32.95	05:06:19.45	50	6	50
238	Blair	Webster	Army Triathlon	M25	M	00:33:06.0	02:45:37.90	01:47:43.95	05:06:27.90	51	7	51
274	Phillip	Pullen		M30	M	00:36:12.1	02:35:58.25	01:54:57.30	05:07:07.65	52	15	52
229	Christopher	Kelly		M25	M	00:44:55.8	02:38:51.15	01:43:53.50	05:07:40.45	53	8	53
243	Miroslav	Brosch	eHub Tri Team	M30	M	00:39:23.4	02:32:55.35	01:55:24.95	05:07:43.65	54	16	54
387	Colin	Freeman	ATHelite Triathlon Club	M45	M	00:40:30.5	02:40:51.45	01:46:59.90	05:08:21.85	55	5	55
287	James	Dashwood	Zoom	M35	M	00:37:46.9	02:42:08.60	01:48:34.50	05:08:30.05	56	11	56
431	Mark	PESTRIDGE		M50	M	00:40:44.2	02:42:36.20	01:45:38.40	05:08:58.85	57	6	57
300	Alasdair	Helliwell	Portsmouth triathletes	M35	M	00:43:25.9	02:40:40.85	01:45:22.60	05:09:29.40	58	12	58
249	Bobby	Coatsworth		M30	M	00:34:31.9	02:32:11.90	02:03:14.05	05:09:57.90	59	17	59
158	Katy	Webb	Tri20	F25	F	00:33:03.9	02:51:37.15	01:45:22.85	05:10:03.95	60	1	1
373	adrian	willard	Tuff Fitty Tri Club	M40	M	00:38:47.2	02:27:27.80	02:06:11.65	05:12:26.65	61	7	60
265	Adam	Lockwood	Portsmouth triathletes	M30	M	00:31:08.4	02:37:42.65	02:03:50.35	05:12:41.45	62	18	61
267	Ryan	Martel	Guernsey Triathlon Club	M30	M	00:37:16.1	02:43:43.75	01:51:57.00	05:12:56.85	63	19	62
168	Cat	Benger	ABCpure	F35	F	00:43:10.7	02:44:05.50	01:46:01.20	05:13:17.40	64	1	2
432	Nigel	Peterson	Salisbury Tri	M50	M	00:44:19.4	02:34:47.75	01:54:30.00	05:13:37.15	65	7	63
299	David	Haydon		M35	M	00:39:44.4	02:47:07.00	01:46:45.90	05:13:37.30	66	13	64
343	Simon	Hearnden		M40	M	00:33:35.4	02:42:38.45	01:59:01.20	05:15:15.00	67	8	65
230	Dan	Kinver	Exeter Triathlon Club	M25	M	00:45:13.0	02:44:11.35	01:46:33.25	05:15:57.65	68	9	66
288	Adam	Dennis	Tunbridge Wells Triathlon Club	M35	M	00:39:29.4	02:43:42.80	01:52:50.65	05:16:02.85	69	14	67
395	Richard	Jordan	Petersfield Tri	M45	M	00:39:44.2	02:46:06.60	01:50:25.75	05:16:16.55	70	6	68
309	Chris	Matthews	Farnham Tri Club	M35	M	00:48:02.7	02:46:58.65	01:41:28.95	05:16:30.25	71	15	69
323	James	Watts	Peabrain Endurance	M35	M	00:40:34.9	02:40:27.75	01:55:40.70	05:16:43.30	72	16	70
293	Chris	Foxon	Brighton Tri Club	M35	M	00:39:48.9	02:41:26.05	01:56:57.55	05:18:12.55	73	17	71
328	Karl	Bonner		M40	M	00:39:39.9	02:41:02.80	01:57:30.90	05:18:13.60	74	9	72
183	louise	gubb	Tri2o	F40	F	00:38:32.8	02:44:18.90	01:56:11.75	05:19:03.50	75	1	3
341	Sean	Gleeson		M40	M	00:44:00.3	02:53:16.90	01:41:59.80	05:19:17.00	76	10	73

294	Adam	Fraser		M35	M	00:40:36.6	02:49:23.00	01:49:34.55	05:19:34.20	77	18	74
385	darryl	easton		M45	M	00:39:01.6	02:48:16.65	01:52:21.70	05:19:39.95	78	7	75
227	Boe	Harper	DLPS	M25	M	00:34:11.1	02:35:51.55	02:10:32.45	05:20:35.10	79	10	76
326	Toby	Woodfine	David Lloyds Port solent	M35	M	00:35:45.8	02:46:06.90	01:59:04.95	05:20:57.65	80	19	77
311	Javier	Morales	C.E.RAYOTEAM	M35	M	00:38:14.0	02:42:53.75	01:59:54.70	05:21:02.40	81	20	78
342	Chris	Hall		M40	M	00:43:58.6	02:42:57.05	01:54:14.95	05:21:10.65	82	11	79
367	Russell	Smith	Guernsey	M40	M	00:35:49.0	02:42:10.65	02:03:19.80	05:21:19.45	83	12	80
304	Rob	Jump	Southampton tri club	M35	M	00:39:14.8	02:43:36.75	01:58:28.95	05:21:20.50	84	21	81
305	Daniel	Laird	Southampton Triathlon Club	M35	M	00:39:32.0	02:41:29.45	02:00:21.65	05:21:23.15	85	22	82
268	Andrew	McArthur	Guernsey Triathlon	M30	M	00:39:55.0	02:39:31.30	02:02:30.50	05:21:56.80	86	20	83
415	Ian	Crowe		M50	M	00:44:41.3	02:40:18.15	01:57:17.45	05:22:16.95	87	8	84
170	Amy	Critchlow	Guernsey Triathlon Club	F35	F	00:33:24.9	02:43:05.45	02:06:07.65	05:22:38.05	88	2	4
357	Adam	Powell	Pheonix	M40	M	00:46:49.1	02:43:39.75	01:52:18.20	05:22:47.05	89	13	85
421	Billy	Holman		M50	M	00:36:38.3	02:33:32.85	02:12:43.80	05:22:54.95	90	9	86
418	Joseph	Ensink	Guernsey Triathlon Club	M50	M	00:42:41.5	02:49:28.10	01:50:56.05	05:23:05.65	91	10	87
270	Thomas	Nicholls		M30	M	00:40:57.6	02:51:23.30	01:50:58.70	05:23:19.60	92	21	88
344	Darren	Holman	East Grinstead Tri Club	M40	M	00:41:53.1	02:46:58.10	01:55:01.95	05:23:53.15	93	14	89
226	John	Gothard		M25	M	00:44:29.6	02:47:10.65	01:52:57.05	05:24:37.30	94	11	90
399	Rory	Murphy		M45	M	00:47:46.6	02:47:05.60	01:50:20.00	05:25:12.25	95	8	91
165	Sophie	Needham	David Lloyd Port Solent	F30	F	00:42:46.4	02:41:19.10	02:02:04.70	05:26:10.25	96	1	5
196	Louella	O'Herlihy	Zoom Tri club	F45	F	00:44:23.3	02:51:34.35	01:50:41.20	05:26:38.85	97	1	6
410	Stephen	warriner	Portsmouth triathletes	M45	M	00:42:10.8	02:44:53.50	01:59:56.70	05:27:00.95	98	9	92
353	Adam	Oliver		M40	M	00:42:44.9	02:46:39.45	01:57:39.75	05:27:04.10	99	15	93
178	Nick	Anderson	Petersfield Triathlon Club	M35	M	00:39:30.4	02:35:07.45	02:12:28.00	05:27:05.80	100	23	94
386	Gary	Finch	Bedford Harriers	M45	M	00:50:44.2	02:51:47.45	01:46:29.70	05:29:01.40	101	10	95
260	Rory	Harper		M30	M	00:41:07.4	02:57:09.65	01:51:20.65	05:29:37.65	102	22	96
374	Ben	Willis	Petersfield Triathlon Club	M40	M	00:42:22.6	02:47:37.95	02:00:32.65	05:30:33.20	103	16	97
307	Nick	Mann	Guernsey Triathlon Club	M35	M	00:46:22.8	02:48:04.05	01:56:15.30	05:30:42.15	104	24	98
218	Matthew	Brown		M25	M	00:55:36.3	02:56:51.55	01:38:23.40	05:30:51.25	105	12	99
372	Matthew	Whittaker	Tuff Fitty	M40	M	00:39:42.6	02:46:01.40	02:06:35.65	05:32:19.70	106	17	100
317	jared	roberts	medway tri	M35	M	00:40:11.4	02:50:13.50	02:02:18.20	05:32:43.10	107	25	101
364	Andy	Scott		M40	M	00:44:15.0	02:41:10.70	02:08:10.95	05:33:36.70	108	18	102
422	Anthony	Johns	Portsmouth triathletes	M50	M	00:41:43.1	02:52:47.70	01:59:19.30	05:33:50.15	109	11	103
335	David	Costen	Guernsey Triathlon Club	M40	M				05:34:20.00	110	19	104
219	Matt	Bundy		M25	M	00:45:00.0	02:53:33.95	01:55:57.30	05:34:31.20	111	13	105
306	richard	leslie		M35	M	00:38:53.5	02:58:34.25	01:57:57.80	05:35:25.55	112	26	106
401	Martin	Peterson		M45	M	00:41:27.3	02:39:00.60	02:15:04.40	05:35:32.30	113	11	107
236	Tom	Stubbs	Clapham Chasers	M25	M	00:47:54.5	02:46:17.85	02:01:39.10	05:35:51.45	114	14	108
428	Rick	Miller	Phoenix Tri Guildford	M50	M	00:44:16.4	02:48:58.30	02:03:13.85	05:36:28.60	115	12	109
263	Adam	Hill		M30	M	00:43:33.9	02:48:35.00	02:05:08.25	05:37:17.20	116	23	110
286	David	Carter		M35	M	00:39:38.2	02:45:47.10	02:12:12.15	05:37:37.45	117	27	111

394	Jason	Jeffery		M45	M	00:46:47.7	02:42:09.80	02:09:01.05	05:37:58.55	118	12	112
157	Leanne	Watters		F25	F	00:37:52.5	02:59:17.45	02:01:30.25	05:38:40.25	119	2	7
445	Neil	Maidment	Phoenix Tri	m55	M	00:42:40.0	03:07:13.25	01:51:30.65	05:41:23.90	120	1	113
152	Joanne	Clarke		F25	F	00:40:41.5	02:58:02.65	02:02:52.55	05:41:36.70	121	3	8
262	Elliot	Hendy		M30	M	00:44:44.9	02:50:52.80	02:06:33.95	05:42:11.60	122	24	114
245	Ryan	Buchanan		M30	M	00:43:15.9	02:56:18.15	02:03:24.80	05:42:58.80	123	25	115
319	richard	Searle		M35	M	00:45:30.1	02:47:49.05	02:09:40.90	05:43:00.05	124	28	116
258	Michael	Godfrey		M30	M	00:40:45.1	02:44:46.85	02:17:53.80	05:43:25.75	125	26	117
331	David	Bradley-Jones	Portsmouth triathletes	M40	M	00:48:10.4	02:49:50.65	02:05:36.60	05:43:37.70	126	20	118
318	Barnaby	Rudd		M35	M	00:39:03.1	03:01:45.05	02:02:59.05	05:43:47.20	127	29	119
456	Justin	Waghray	CAMA Racing Team	M30	M	00:46:33.0	02:54:06.80	02:03:08.35	05:43:47.75	128	27	120
223	Jamie	Dunkley		M25	M	00:46:18.0	02:50:33.60	02:06:59.70	05:43:51.30	129	15	121
329	Gavin	Bowden	Team Titans	M40	M	00:43:31.9	02:57:03.10	02:03:16.50	05:43:51.55	130	21	122
160	Sarah	Ashcroft	NORTHANTS TRI	F30	F	00:44:31.3	03:03:07.65	01:56:14.40	05:43:53.30	131	2	9
382	Andrew	Devonald	Pembs Tri	M45	M	00:46:28.6	02:48:26.75	02:09:44.20	05:44:39.55	132	13	123
228	Adam	Jolly		M25	M	00:39:33.8	02:47:12.60	02:18:28.15	05:45:14.60	133	16	124
333	Steve	Claxton		M40	M	01:08:41.8	02:59:41.50	01:36:54.75	05:45:18.05	134	22	125
417	Neil	Dyson	Phoenix Tri	M50	M	00:39:37.8	02:52:34.10	02:13:40.80	05:45:52.70	135	13	126
224	Andrew	Fisher		M25	M	00:45:45.7	02:50:28.65	02:09:46.30	05:46:00.65	136	17	127
240	Marc	Allen		M30	M	00:47:20.1	02:50:06.85	02:09:10.30	05:46:37.20	137	28	128
289	Richard	Drayton	3Ctri	M35	M	00:49:37.0	02:49:51.30	02:07:19.40	05:46:47.70	138	30	129
302	Dean	Inocco	Army Tri Club	M35	M	00:37:14.7	03:00:29.00	02:09:05.05	05:46:48.80	139	31	130
339	Scott	Fenwick	Greenwich Tritons	M40	M	00:42:42.2	03:03:57.70	02:00:36.80	05:47:16.70	140	23	131
444	David	Libby	portsmouth tri	m55	M	00:52:59.4	02:45:54.10	02:08:26.80	05:47:20.35	141	2	132
363	Jon	Sarriegui	Worcester Triathlon Club	M40	M	00:37:54.5	03:00:22.40	02:10:07.15	05:48:24.05	142	24	133
322	Harry	Vaneris	Windrush Triathlon Club	M35	M	00:44:46.0	02:53:14.50	02:10:42.80	05:48:43.30	143	32	134
451	John	Taylor	Thames Turbo	M60	M	00:45:07.0	02:53:29.80	02:10:20.70	05:48:57.50	144	1	135
360	Tony	Richardson MBE		M40	M	00:53:08.0	02:50:53.75	02:05:04.30	05:49:06.05	145	25	136
234	Ben	Rowlinson		M25	M	00:46:47.3	02:54:27.55	02:08:59.85	05:50:14.75	146	18	137
330	Martin	Boyde	Guernsey Triathlon Club	M40	M	00:42:12.7	02:56:28.60	02:11:49.75	05:50:31.10	147	26	138
349	Peter	Littleboy	Tuff Fitty	M40	M	00:45:28.9	03:10:19.90	01:54:50.85	05:50:39.65	148	27	139
295	Benn	Garnham	Guernsey Triathalon Club	M35	M	00:35:33.7	02:26:55.25	02:48:44.80	05:51:13.80	149	33	140
316	Shane	Reyard		M35	M	00:47:46.1	03:01:43.15	02:02:04.70	05:51:34.00	150	34	141
155	Marina	Ranger		F25	F	00:41:41.6	03:05:07.65	02:04:53.00	05:51:42.25	151	4	10
186	Lucy	Mitchell	Petersfield Triathlon Club	F40	F	00:53:27.7	03:01:11.45	01:57:07.50	05:51:46.70	152	2	11
283	Steve	Bennett		M35	M	00:49:45.9	02:57:31.55	02:04:38.10	05:51:55.55	153	35	142
150	Lily	Battershill		F20	F	00:43:56.7	02:53:01.75	02:15:00.10	05:51:58.55	154	1	12
225	Tom	Garrett	David Lloyd Southampton	M25	M	00:35:06.9	02:55:24.10	02:21:28.40	05:51:59.35	155	19	143
292	James	Fargus	Phoenix	M35	M	00:40:24.8	02:38:12.85	02:33:23.90	05:52:01.60	156	36	144
392	Gavin	Hook	Farnham Tri Club	M45	M	00:47:50.9	02:52:30.25	02:12:32.70	05:52:53.85	157	14	145
192	Nicola	Jordan	Petersfield Tri	F45	F	00:40:05.0	02:57:27.70	02:15:45.80	05:53:18.45	158	2	13

177	Adele	Perrot	Guernsey	F35	F	00:44:34.7	03:10:34.00	01:58:53.25	05:54:01.95	159	3	14
440	Mark	Yadegar	Petersfield Triathlon Club	M50	M	00:43:01.4	02:53:48.45	02:17:12.15	05:54:01.95	160	14	146
448	Tim	Wilcock	Team Titans	m55	M	00:41:41.1	02:55:11.20	02:17:16.00	05:54:08.30	161	3	147
277	Chris	Whitcombe		M30	M	00:45:20.9	02:51:13.90	02:17:50.95	05:54:25.75	162	29	148
414	Paul	Carter	Portsmouth triathletes	M50	M	00:51:40.5	02:59:35.15	02:03:32.45	05:54:48.15	163	15	149
453	Jon/Tom/Paul	Marsden/Weston/Neville		RELAY	M	00:46:25.3	03:09:29.80	02:00:12.90	05:56:08.00	164	2	150
251	David	Delicata	Brighton Tri Club	M30	M	00:43:18.3	02:52:14.55	02:20:55.40	05:56:28.25	165	30	151
187	Kate	Powell		F40	F	00:43:52.9	03:07:00.20	02:07:14.00	05:58:07.10	166	3	15
198	sacha	trude	Bedford Harriers AC	F45	F	00:43:24.5	02:54:06.60	02:20:43.85	05:58:14.95	167	3	16
325	Peter	Wood	Southampton Tri	M35	M	00:47:44.2	02:56:38.85	02:14:23.15	05:58:46.20	168	37	152
235	Jonathan	Singh		M25	M	00:43:55.5	02:54:08.50	02:20:48.30	05:58:52.30	169	20	153
407	Paul	Walker	Phoenix Tri	M45	M	00:45:11.9	02:52:31.55	02:21:09.10	05:58:52.60	170	15	154
411	Nick	Winterhalder		M45	M	00:44:54.1	03:08:03.65	02:06:20.65	05:59:18.40	171	16	155
215	Matthew	Bewley		M25	M	00:54:49.0	03:09:23.95	01:56:31.90	06:00:44.85	172	21	156
282	Herbert	Beckmann		M35	M				06:00:46.10	173	38	157
454	Danielle/Ciaran/Katie	Richards/Lagan/Walding		RELAY	F	00:51:13.3	02:51:07.45	02:18:30.45	06:00:51.25	174	3	17
413	Mike	Butlin	Bosham Bogtrotters	M50	M	00:46:33.5	02:49:03.30	02:25:25.80	06:01:02.60	175	16	158
247	Nick	Cherry		M30	M	00:42:53.3	03:02:29.10	02:15:59.15	06:01:21.55	176	31	159
354	Andy	Peters	Bayside tri	M40	M	00:47:30.8	02:54:11.70	02:20:11.30	06:01:53.75	177	28	160
334	Andrew	Cook	Bristol Triathlon Club	M40	M	00:48:52.1	02:58:52.15	02:15:06.75	06:02:51.05	178	29	161
419	Graham	French	Phoenix Tri	M50	M	00:37:58.1	02:51:36.65	02:33:45.60	06:03:20.40	179	17	162
181	Kate	Fargus	Phoenix Tri	F40	F	00:51:02.9	02:58:31.50	02:14:09.35	06:03:43.80	180	4	18
164	Donna	Lovelock	Southampton Triathlon Club	F30	F	00:44:25.9	03:04:25.85	02:18:25.20	06:07:16.95	181	3	19
400	Kevin	Oliver		M45	M	00:48:58.6	03:17:20.75	02:01:13.00	06:07:32.40	182	17	163
402	Patrick	Saddington		M45	M	00:47:53.7	03:08:14.25	02:11:41.75	06:07:49.75	183	18	164
182	Victoria	Gibson	Mendip triathlon club	F40	F	00:49:28.2	03:02:28.90	02:15:52.65	06:07:49.80	184	5	20
423	Wilson	Kane	ATHELITE	M50	M	00:53:12.2	02:44:45.15	02:30:20.35	06:08:17.75	185	18	165
174	Samantha	Mcclary		F35	F	00:53:48.9	03:13:48.75	02:01:06.05	06:08:43.70	186	4	21
271	Andy	Notley	Bayside tri	M30	M	00:55:56.8	02:50:27.40	02:22:22.35	06:08:46.60	187	32	166
370	daniel	wells		M40	M	00:42:09.4	03:09:08.05	02:18:16.05	06:09:33.50	188	30	167
352	Gregor	Nagele	BTS	M40	M	00:50:35.8	02:41:31.10	02:39:52.45	06:11:59.35	189	31	168
276	Jason	Stubington	Bayside tri	M30	M	00:48:57.5	03:04:42.80	02:18:20.75	06:12:01.05	190	33	169
427	mark	millard	Bayside tri	M50	M	00:55:16.6	03:02:36.30	02:14:15.30	06:12:08.20	191	19	170
396	Gareth	King		M45	M	00:52:43.4	03:08:57.95	02:10:42.55	06:12:23.90	192	19	171
404	Robert	Squibb	Zoom Tri club	M45	M	00:39:02.3	03:08:48.60	02:25:56.90	06:13:47.85	193	20	172
202	Karen	Masson	Farnham triathlon club	F50	F	00:45:14.9	03:08:23.65	02:20:27.45	06:14:05.95	194	1	22
403	Dean	Smith		M45	M	00:47:26.6	03:02:56.60	02:25:16.75	06:15:39.95	195	21	173
201	Kim	King	Petersfield Triathlon Club	F50	F	00:43:49.7	03:01:11.80	02:31:18.05	06:16:19.60	196	2	23
369	Stephen	Thornton	Farnham Tri	M40	M	00:50:16.0	02:58:11.95	02:29:58.20	06:18:26.20	197	32	174
430	stewart	penney		M50	M	00:54:35.6	03:06:02.85	02:18:11.35	06:18:49.75	198	20	175
356	Allen	Porter	Team Titans	M40	M	00:47:55.4	03:01:56.70	02:29:58.30	06:19:50.40	199	33	176

377	Iain	Bowker		M45	M	00:45:08.4	02:54:41.95	02:40:27.10	06:20:17.45	200	22	177
345	Martyn	Kennaugh	HERC Triathlon	M40	M	00:44:24.8	03:23:40.95	02:12:22.90	06:20:28.70	201	34	178
446	Derek	Stewart	ATHelite Triathlon Club	m55	M	00:49:37.7	03:10:12.05	02:22:06.75	06:21:56.55	202	4	179
442	Nigel	bird	Petersfield Triathlon Club	m55	M	00:47:04.7	03:14:26.10	02:22:57.15	06:24:27.95	203	5	180
184	Catherine	Kwan	Brighton Tri Club	F40	F	00:41:35.9	03:08:25.00	02:34:30.60	06:24:31.50	204	6	24
310	Alastair	Mcleod		M35	M	00:47:50.1	02:55:38.25	02:42:08.20	06:25:36.60	205	39	181
185	Rachel	Leech	Guernsey Triathlon	F40	F	00:43:17.0	03:16:36.25	02:25:46.75	06:25:40.05	206	7	25
424	Rem	Lee	Portsmouth triathletes	M50	M	00:57:49.7	03:08:08.80	02:20:04.40	06:26:02.95	207	21	182
154	Emma	Newton		F25	F	00:43:36.8	03:21:32.55	02:21:36.95	06:26:46.25	208	5	26
406	George	Turner	portsmouth tri	M45	M	00:55:32.8	03:05:41.40	02:25:54.40	06:27:08.65	209	23	183
450	Simon	King	Bedford Harriers	M60	M	00:48:02.3	03:27:46.10	02:11:39.30	06:27:27.75	210	2	184
438	Derik	Williams		M50	M	00:53:27.9	03:07:05.80	02:27:15.45	06:27:49.15	211	22	185
405	Andrew	Stockwell		M45	M	00:56:48.5	03:23:50.25	02:07:12.75	06:27:51.50	212	24	186
384	Tim	Duquemin	Guernsey Triathlon Club	M45	M	00:50:56.7	03:06:58.95	02:29:59.85	06:27:55.45	213	25	187
368	paul	sutherland		M40	M	00:51:34.9	03:04:43.10	02:32:25.95	06:28:43.95	214	36	188
188	Suzanne	Willis	Southampton Triathlon Club	F40	F	00:51:26.8	03:15:22.00	02:22:44.30	06:29:33.10	215	8	27
452	Michelle/Ben/Steve	Cuming/Codling		RELAY	F	01:03:07.4	02:57:58.45	02:29:24.80	06:30:30.65	216	4	28
253	Tim	Evans		M30	M	00:58:13.1	03:12:59.20	02:19:38.70	06:30:50.95	217	34	189
242	Richard	Booth		M30	M	00:53:06.5	03:11:23.05	02:26:51.65	06:31:21.20	218	35	190
337	keith	diaper	HERC Triathlon	M40	M	00:48:20.3	03:08:37.50	02:34:57.10	06:31:54.95	219	37	191
380	Dean	Cooper	Guernsey Triathlon Club	M45	M	00:42:18.5	03:05:29.10	02:45:53.90	06:33:41.50	220	26	192
159	Serena	Ace-Hopkins	Guernsey Triathlon	F30	F	00:38:23.2	03:16:09.95	02:39:22.05	06:33:55.20	221	4	29
197	Alison	Richardson	Farnham	F45	F	00:54:56.2	03:29:10.15	02:11:29.80	06:35:36.20	222	4	30
180	Katarina	Zajacova	Phoenix Triathlon	F35	F	00:48:14.2	03:28:41.80	02:19:26.85	06:36:22.90	223	5	31
205	Anna	Street	West Suffolk Wheelers	F50	F	00:47:09.1	03:25:56.45	02:23:56.85	06:37:02.45	224	3	32
204	Lesley	Quiney	Portsmouth triathletes	F50	F	00:47:35.4	03:16:16.35	02:33:22.15	06:37:13.90	225	4	33
179	Natalia	Robson		F35	F	00:51:25.8	03:31:05.75	02:16:36.90	06:39:08.45	226	6	34
175	ALYS	MCCORMACK		F35	F	00:38:26.5	03:30:39.55	02:30:06.50	06:39:12.60	227	7	35
350	Nabil	Lodey	RACESTRONG TRIATHLON CLUB	M40	M	00:45:04.6	03:13:21.20	02:41:16.65	06:39:42.45	228	38	193
190	Emma	Goodhead	Midsussex Triathlon	F45	F	00:52:08.3	03:37:37.40	02:09:57.30	06:39:43.00	229	5	36
358	Kevin	Pusey		M40	M	00:46:05.0	03:01:31.60	02:52:27.75	06:40:04.95	230	39	194
457	Andrew	McGarvie		m55	M	01:02:04.2	03:12:29.05	02:25:46.90	06:40:20.20	231	6	195
252	Nick	Dodd	Thames Valley Triathlete	M30	M	00:50:21.7	03:01:13.75	02:50:36.40	06:42:11.85	232	36	196
194	Claire	Lowe	RACESTRONG TRIATHLON CLUB	F45	F	00:57:06.5	03:29:10.45	02:16:17.10	06:42:34.05	233	6	37
390	Rob	Harding	HERC Triathlon	M45	M	00:46:11.0	03:09:05.80	02:50:37.05	06:45:53.90	234	27	197
303	Lee	Jordan	Bayside tri	M35	M	00:40:01.4	03:15:02.70	02:51:24.20	06:46:28.25	235	40	198
207	Karen	Wyndham-webb	Richmond	F50	F	00:41:33.2	03:08:57.85	02:55:59.30	06:46:30.35	236	5	38
217	James	Brewin		M25	M	00:50:29.8	03:10:31.15	02:46:09.50	06:47:10.50	237	22	199
176	Alison	Milmer	TriPurbeck	F35	F	00:47:49.5	03:34:19.50	02:25:37.10	06:47:46.10	238	8	39
378	Duncan	Britton		M45	M	01:04:47.1	03:12:23.10	02:32:34.40	06:49:44.60	239	28	200
447	Len	Such	Southampton tri club	m55	M	00:48:19.1	03:09:50.10	02:52:01.65	06:50:10.85	240	7	201

166	Laura	Page		F30	F	00:50:34.7	03:29:32.45	02:30:26.90	06:50:34.10	241	6	41
301	Tim	Hughes		M35	M	00:52:46.4	03:11:03.70	02:48:04.25	06:51:54.35	242	41	202
439	Dirk	Wolvaardt		M50	M	00:47:19.2	03:15:38.45	02:49:25.50	06:52:23.15	243	23	203
151	Catherine	Alabaster		F25	F	00:48:47.2	03:24:23.90	02:41:58.55	06:55:09.65	244	6	42
209	Angela	Kay	Bedford Harriers	f55	F	00:44:43.2	03:18:50.85	02:52:21.40	06:55:55.50	245	1	43
172	Sarah	Hempenstall	Viceroy's	F35	F	00:33:40.9	03:19:49.95	03:03:32.90	06:57:03.75	246	9	44
412	Darren	Broad	Zoom	M50	M	00:57:43.6	03:43:09.75	02:19:13.25	07:00:06.65	247	24	204
398	Stephen	Marsh	Team titan	M45	M	00:47:44.0	03:24:44.25	02:51:47.85	07:04:16.15	248	29	205
200	Sophie	Gasson	Farnham	F50	F	00:48:37.2	03:30:33.20	02:45:17.85	07:04:28.25	249	6	45
208	Debbie	Evers	Brighton Phoenix	f55	F	00:48:48.4	03:26:54.95	02:49:25.60	07:05:09.00	250	2	46
203	Nicola	Pitcher	Maidstone Harriers Tri Club	F50	F	00:59:09.4	03:38:07.85	02:28:47.80	07:06:05.10	251	7	47
193	Cheryl	Laing		F45	F	00:56:41.2	03:27:51.40	02:45:52.25	07:10:24.90	252	7	48
455	Mark/Alan/Ian	Witcher/Stevens/Douglas		RELAY	M				07:11:30.95	253	5	206
163	Tamsin	Drake		F30	F	00:53:15.2	03:23:19.20	02:59:02.25	07:15:36.65	254	7	49
167	Charlotte	Rennie		F30	F	01:01:50.4	03:40:20.10	02:33:28.15	07:15:38.65	255	8	50
156	Nadia	Shepherd	Portsmouth triathletes	F25	F	00:53:40.8	03:44:09.85	02:38:12.05	07:16:02.70	256	7	51
388	Alfie	Garnett	Portsmouth triathletes	M45	M	00:51:19.1	03:12:36.85	03:13:15.00	07:17:11.00	257	30	207
173	emma	hey	Portsmouth triathletes	F35	F	00:40:10.7	03:57:07.75	02:46:41.95	07:24:00.40	258	10	52
161	Daniella	Biedla		F30	F	00:55:34.9	03:54:10.95	02:34:52.55	07:24:38.40	259	9	53
221	Joseph	DAVIES		M25	M				07:36:20.20	260	23	208
408	david	wall		M45	M	00:57:56.7	03:42:54.55	02:59:38.60	07:40:29.85	261	31	209
449	David	Wright	Portsmouth triathletes	m55	M	00:51:16.8	03:44:51.75	03:04:22.35	07:40:30.90	262	8	210
189	Deb	Branch		F45	F	00:54:17.0	03:50:31.20	03:04:42.85	07:49:31.05	263	8	54
314	Charles	Pennington	Team Freespeed	M35	M	00:33:19.4	02:20:02.30	02:53:21.70	5k run			
416	Chris	Davies	Lymington	M50	M	00:43:04.6	02:50:31.95	01:06:10.45	1 lap run			
375	Sebastian	Zentgraf	Greenwich Tritons	M40	M		03:13:10.15	02:27:53.05	no swim			
195	Gemma	Mitchell	Farnham	F45	F	00:44:39.2	02:55:58.45					
214	Chris	Barnett		M25	M	00:35:52.8	04:23:45.70					
244	Lee	Brown	RACESTRONG TRIATHLON CLUB	M30	M	00:47:47.0	03:39:34.55					
162	sarah	byrne	BTRS	F30	F	01:07:54.4	03:44:56.70	01:57:10.05	1 lap run			
366	David	Smelt	Viceroy's	M40	M	00:35:15.7						
379	mark	capocci	David Lloyd Port Solent	M45	M	00:33:06.2	02:31:25.85					
433	David	Rankin	Jfdi tri	M50	M	01:15:38.8						

## SWASHBUCKLER AQUA-BIKE

Bib	FirstName	LastName	Club	Category	M/F	SWIM	BIKE	T2	TOTAL	OVERALL	IN CAT.	BY M/F
321	Philip	Standen	ITRI	M35	M	00:31:20.1	02:58:42.65	00:00:55.30	03:30:58.00	1	1	1
248	David	Clark		M30	M	00:40:47.3	02:52:42.40	00:02:54.80	03:36:24.45	2	1	2
171	Gemma	Goodson	ITRI	F35	F	00:49:25.6	02:58:48.90	00:00:54.25	03:49:08.80	3	1	1
191	Rachel	Hampson	Petersfield Triathlon Club	F45	F	00:39:17.0	03:11:05.65	00:00:49.05	03:51:11.70	4	1	2
199	Zoe	Wood		F45	F	00:56:08.8	03:29:23.65	00:03:36.30	04:29:08.75	5	2	3