

Swashbuckler Middle Distance Triathlon 12th May 2019 Results

Race No	FirstName	LastName	Club	Category	M/F	Swim & T1	Bike	T2 & Run	Finish	Overall	In Cat	By M/F	penalty
122	Patrick	Wightman	London Fields Triathlon Club	M30	M	00:27:56.3	02:15:22.40	01:27:20.65	04:10:39.35	1	1	1	
123	David	Atkinson		M30	M	00:26:14.2	02:16:51.30	01:27:51.60	04:10:57.15	2	2	2	
101	Robert	Drake	South London Harriers	M30	M	00:26:25.1	02:16:59.55	01:29:49.15	04:13:13.80	3	3	3	
85	Henry	Eaton	Army Triathlon Association	M25	M	00:25:37.9	02:23:49.15	01:29:02.60	04:18:29.60	4	1	4	
114	Benjamin	Hall	Clapham Chasers	M30	M	00:29:00.2	02:22:46.20	01:28:03.10	04:19:49.55	5	4	5	
110	Sam	Barley		M25	M	00:30:43.8	02:20:49.65	01:33:08.25	04:24:41.70	6	2	6	
87	Samuel	Wyatt-Haines	Health and Care Videos	M20	M	00:27:29.7	02:15:56.55	01:44:15.35	04:27:41.60	7	1	7	
81	Conor	Barrasford	Zoot Athlos	M20	M	00:27:50.9	02:20:52.25	01:39:38.80	04:28:22.00	8	2	8	
100	Rob	Arkell	Team Orion / Stubbington Green	M30	M	00:30:32.3	02:30:54.30	01:27:26.80	04:28:53.40	9	5	9	
89	Matt	Dixon	southampton tri club	M30	M	00:25:05.6	02:19:38.40	01:45:29.45	04:30:13.40	10	6	10	
162	Ollie	Beilby		M35	M	00:28:51.3	02:28:42.25	01:33:28.20	04:31:01.75	11	1	11	
98	ALAN	WARD	Tri Training Harder	M35	M	00:27:02.6	02:21:52.85	01:42:32.20	04:31:27.70	12	2	12	
109	John	Whitworth		M35	M	00:29:16.0	02:28:31.10	01:33:47.30	04:31:34.40	13	3	13	
117	Caleb	Kennedy	London Fields Triathlon Club	M25	M	00:27:08.4	02:29:36.25	01:35:23.20	04:32:07.80	14	3	14	
82	Alastair	Cameron	London Fields Triathlon Club	M35	M	00:32:32.2	02:22:49.65	01:36:57.50	04:32:19.30	15	4	15	
108	Stephen	McWilliams	BriTri	M30	M	00:30:18.9	02:33:49.50	01:28:34.55	04:32:42.95	16	7	16	
94	Steve	Mansfield	Total Tri Training	M30	M	00:27:46.9	02:28:56.05	01:36:03.75	04:32:46.75	17	8	17	
93	matt	luxton		M30	M	00:28:16.7	02:27:06.05	01:41:59.55	04:37:22.35	18	9	18	
154	Paul	Unsold		M35	M	00:31:31.9	02:31:44.95	01:34:13.35	04:37:30.25	19	5	19	
151	Matthew	Stevens	London Fields Triathlon Club	M35	M	00:33:02.4	02:36:38.70	01:32:14.40	04:41:55.55	20	6	20	
194	Michael	Shephard	EVO TRI	M30	M	00:34:52.3	02:32:13.15	01:36:33.10	04:43:38.55	21	10	21	
245	Ryan	Holleywood	3CTri	M30	M	00:34:23.8	02:29:41.40	01:39:33.85	04:43:39.05	22	11	22	
97	Richard	Straughan		M25	M	00:28:09.3	02:36:09.50	01:39:29.35	04:43:48.15	23	4	23	
127	Lee	Charles	Evo Tri Club	M45	M	00:29:14.0	02:22:23.45	01:52:16.05	04:43:53.45	24	1	24	
145	alix	ramsier	South London Harriers	M30	M	00:31:22.9	02:47:05.35	01:25:41.80	04:44:10.05	25	12	25	
168	Daragh	Hendley	Stubbington Green Runners	M45	M	00:32:02.3	02:31:30.20	01:41:38.85	04:45:11.35	26	2	26	
121	Ben	Wickham	Les Stables Triathlon Camps	M40	M	00:32:48.8	02:36:45.75	01:36:13.95	04:45:48.50	27	1	27	
195	Ian/Gary/Liam	Smith/Lock/Gren	Yardley Runners	RELAY	M	00:27:19.2	02:25:03.35	01:54:31.90	04:46:54.40	28	1	28	
297	alexander	loudon		M25	M	00:30:43.1	02:37:24.60	01:40:36.50	04:48:44.15	29	5	29	
95	Simon	Pontin	South London Harriers	M20	M	00:28:49.7	02:34:07.70	01:46:33.65	04:49:31.05	30	3	30	
88	Peter	Madarasz	Brighton Tri Club	M35	M	00:28:18.0	02:43:52.55	01:38:11.50	04:50:22.10	31	7	31	
119	Neil	Lewis	Chippenham Tri	M50	M	00:30:16.1	02:36:45.20	01:43:25.40	04:50:26.70	32	1	32	
90	Philip	Haddleton		M30	M	00:30:24.7	02:29:45.20	01:54:32.30	04:54:42.15	33	13	33	
106	Ben	Green		M35	M	00:27:04.9	02:30:46.40	01:58:09.90	04:56:01.25	34	8	34	
84	Jurrien	de Koning		M30	M	00:33:17.8	02:36:50.55	01:46:15.40	04:56:23.70	35	14	35	
125	luke	buhl-nielsen	London Fields Triathlon Club	M25	M	00:29:33.1	02:45:17.25	01:41:49.10	04:56:39.50	36	6	36	
104	monty	gershon		M50	M	00:32:16.4	02:41:01.80	01:43:27.65	04:56:45.90	37	2	37	
38	Bethan	Male	Brighton Tri Club	F25	F	00:29:47.5	02:49:45.70	01:37:41.00	04:57:14.20	38	1	1	
118	Gary	Kurth	P2P	M40	M	00:27:58.1	02:39:17.50	01:50:00.15	04:57:15.80	39	2	38	
413	Matthew	Cunningham-Neuff		M40	M	00:31:44.7	02:38:56.05	01:46:39.85	04:57:20.65	40	3	39	
116	Simon	Hearnden	Royal Navy Triathlon	M45	M	00:31:49.0	02:40:36.20	01:45:38.00	04:58:03.20	41	3	40	

96	Mark	Richardson		M45	M	00:27:45.5	02:48:21.70	01:43:09.45	04:59:16.65	42	4	41
371	Stephen	Swindley		M25	M	00:49:07.6	02:13:44.35	01:57:08.05	05:00:00.05	43	7	42
205	Ryan	Evans	South London Harriers	M35	M	00:33:42.9	02:53:33.65	01:32:44.95	05:00:01.50	44	9	43
79	Thomas	Wade	Optima Racing Team	M30	M	00:23:44.3	02:42:37.65	01:53:43.45	05:00:05.40	45	15	44
412	Kelly	Stokes	Portsmouth Triathletes	F35	F	00:31:36.6	02:39:58.45	01:49:07.45	05:00:42.50	46	1	2
172	Patrick	Traylor	Salisbury Triathlon Club	M30	M	00:31:13.0	02:43:49.65	01:45:57.65	05:01:00.25	47	16	45
183	Charlie	Watson		M35	M	00:33:24.7	02:37:42.60	01:49:58.20	05:01:05.50	48	10	46
311	Barry	Thomas	PembrokeshireCDT	M45	M	00:40:05.5	02:41:18.90	01:40:55.25	05:02:19.65	49	5	47
126	Matt	Chapman	SLH Tri Club	M35	M	00:31:30.0	02:45:57.60	01:45:05.20	05:02:32.85	50	11	48
120	Andy	Welsh		M45	M	00:31:21.5	02:41:36.75	01:50:57.10	05:03:55.35	51	6	49
343	Luke	Krauze		M30	M	00:38:53.9	02:40:32.85	01:45:14.45	05:04:41.15	52	17	50
329	David	Delicata		M30	M	00:33:30.1	02:36:49.95	01:55:09.10	05:05:29.15	53	18	51
159	Richard	Coates	Tri2o	M40	M	00:32:00.2	02:49:08.25	01:44:40.30	05:05:48.75	54	4	52
209	George	Hay		M30	M	00:34:25.8	02:38:07.90	01:53:17.50	05:05:51.20	55	19	53
25	Ruth	Hutton	South London Harriers	F50	F	00:32:24.2	02:44:59.45	01:48:36.65	05:06:00.25	56	1	3
186	Daniel	Bancroft	Crawley Tri Club	M30	M	00:40:11.2	02:38:18.80	01:48:00.25	05:06:20.20	57	20	54
47	Emma	O'Toole		F25	F	00:35:47.7	02:44:05.65	01:46:38.15	05:06:31.45	58	2	4
99	Dale	Anderton	Ironbourne	M45	M	00:34:16.9	02:40:21.70	01:52:23.20	05:07:01.80	59	7	55
164	Andy	Collins	SouthLondonHarriers	m55	M	00:36:35.8	02:41:20.65	01:49:29.60	05:07:26.10	60	1	56
137	Peter	Kun	London Fields Triathlon Club	M35	M	00:32:10.9	02:49:54.45	01:46:43.95	05:08:49.30	61	12	57
113	Steve	Cumes	Bayside Tri	M45	M	00:32:59.6	02:37:57.75	01:57:54.25	05:08:51.60	62	8	58
131	Jamie	Freeland	South London Harriers	M45	M	00:33:51.3	02:39:26.30	01:55:37.55	05:08:55.15	63	9	59
313	Lee	Walters		M45	M	00:35:11.0	02:45:40.15	01:48:20.15	05:09:11.30	64	10	60
260	Harry	Sealey	Bustinskin Triathlon Club	M30	M	00:33:59.9	02:43:16.75	01:52:07.10	05:09:23.70	65	21	61
187	Michael	Hawkes	Portsmouth Triathletes	M45	M	00:37:11.4	02:35:17.10	01:57:13.90	05:09:42.40	66	11	62
200	Mark	Blake	Hot Chilli Triathlon	M50	M	00:30:34.2	02:46:51.20	01:52:20.30	05:09:45.70	67	3	63
133	Duncan	Hope	Greenwich Tritons	M35	M	00:42:17.3	02:45:09.65	01:42:40.45	05:10:07.35	68	13	64
251	Thomas	Mitchell	Tri20 Triathlon Club	M25	M	00:33:09.2	02:43:15.70	01:54:05.75	05:10:30.65	69	8	65
207	STUART	GRAY	southampton tri club	M45	M	00:33:37.4	02:53:59.90	01:44:12.20	05:11:49.50	70	12	66
158	Mark	Clements		M30	M	00:34:11.3	02:44:33.05	01:53:25.20	05:12:09.60	71	22	67
361	Robert	Cameron		M25	M	00:36:56.3	02:41:43.90	01:54:42.05	05:13:22.30	72	9	68
269	Michael	Lawrence	Bath Amphibians	M25	M	00:36:23.6	03:11:25.55	01:25:46.55	05:13:35.70	73	10	69
176	Rod	Hamilton		M50	M	00:33:12.1	02:47:51.95	01:53:02.50	05:14:06.50	74	4	70
138	Gabriel	Mathews		M25	M	00:30:49.2	02:54:53.25	01:48:36.05	05:14:18.50	75	11	71
185	William	Willis		M25	M	00:34:07.0	02:49:09.45	01:51:04.25	05:14:20.70	76	12	72
235	Tom	Stubbs		M25	M	00:41:17.1	02:47:02.40	01:46:08.90	05:14:28.40	77	13	73
292	Wes	Knipe	Portsmouth Triatheletes	M40	M	00:34:48.2	02:47:34.60	01:52:12.60	05:14:35.35	78	5	74
142	Kevin	Phillips	Zoom	M45	M	00:33:35.3	02:47:31.50	01:54:08.85	05:15:15.65	79	13	75
288	William	Galvin		m55	M	00:36:51.4	02:48:35.10	01:49:50.70	05:15:17.20	80	2	76
227	Gareth	Parr	South London Harriers	M35	M	00:32:12.8	02:35:24.75	02:07:44.15	05:15:21.75	81	14	77
293	James	Leavesley	BRAT Club	M45	M	00:40:38.9	02:35:40.60	01:59:14.15	05:15:33.65	82	14	78
287	Jason	Frizzell	Portsmouth Triathletes	M40	M	00:49:01.0	02:37:44.50	01:49:47.50	05:16:33.00	83	6	79
193	Tim	Richards		M25	M	00:41:42.0	02:47:47.60	01:47:09.15	05:16:38.70	84	14	80

249	Will	Mason		M40	M	00:37:59.7	02:53:03.30	01:45:48.90	05:16:51.90	85	7	81
414	Adam	Isaac		M40	M	00:37:57.9	02:38:44.35	02:00:37.75	05:17:20.00	86	8	82
150	James	Stefanie		M40	M	00:34:14.0	02:47:44.00	01:55:56.90	05:17:54.90	87	9	83
217	richard	leslie		M35	M	00:31:46.9	02:54:06.95	01:52:23.60	05:18:17.50	88	15	84
259	Brad	Read		M45	M	00:42:23.7	02:46:00.50	01:50:06.30	05:18:30.50	89	15	85
255	Emrys	Haugen	Clapham Chasers	M35	M	00:33:40.7	02:45:44.15	01:54:11.30	05:18:36.10	90	16	86 drafting +5mins
345	Freddie	Muirhead		M25	M	00:40:35.3	02:53:23.70	01:44:43.30	05:18:42.30	91	15	87
190	Nathan	Miles	Pembrokeshire Tri Club	M45	M	00:35:11.6	02:41:09.25	02:03:44.30	05:20:05.10	92	16	88
103	John	Fox-Robinson	Portsmouth Triathletes	M40	M	00:27:59.6	02:52:43.50	01:59:28.35	05:20:11.45	93	10	89
165	Mark	Darcy	Clif bar & Elagen sport	M40	M	00:34:30.0	02:43:28.85	02:02:20.30	05:20:19.20	94	11	90
334	Andrew	Linstead		M35	M	00:33:48.2	02:39:01.80	02:07:43.50	05:20:33.50	95	17	91
86	Stephen	Weekley	Clapham Chasers	M35	M	00:32:27.7	02:46:04.15	02:02:13.55	05:20:45.35	96	18	92
283	Declan	Ahern		M25	M	00:34:45.0	02:47:56.10	01:58:51.45	05:21:32.55	97	16	93
132	Chris	Hall	Bayside Tri	M45	M	00:33:20.7	02:52:07.05	01:56:37.95	05:22:05.75	98	17	94
252	Phillip	Parnham	Thames Turbo	M45	M	00:37:33.1	02:47:59.55	01:56:34.40	05:22:07.05	99	18	95
265	Sam	Cooper		M35	M	00:41:47.5	02:41:39.35	01:59:01.90	05:22:28.80	100	19	96
390	Matthew	Stringer		M25	M	00:36:00.2	02:58:06.50	01:48:57.05	05:23:03.75	101	17	97
139	Tristan	Matthews	London Fields Triathlon Club	M30	M	00:32:40.3	02:47:20.70	02:03:26.35	05:23:27.35	102	23	98
291	Neal	Jacobs	Salisbury Tri Club	M40	M	00:39:32.1	02:52:35.60	01:46:35.60	05:23:43.30	103	12	99 drafting +5mins
226	Jonny	Page	ltri	M40	M	00:31:09.9	03:02:45.65	01:49:59.90	05:23:55.45	104	13	100
111	mark	capocci	Portsmouth Triathletes	M50	M	00:29:02.8	02:42:35.00	02:12:35.75	05:24:13.55	105	5	101
256	Anthony	Johns	Portsmouth Triathletes	m55	M	00:34:37.2	02:52:48.45	01:56:57.80	05:24:23.45	106	3	102
198	Scott	Baxendale-White	Southampton Triathlon Club	M35	M	00:33:06.9	02:54:32.20	01:57:27.60	05:25:06.65	107	20	103
221	Martin	Nobbs	9 Endurance	M60	M	00:31:54.8	02:50:14.75	02:03:03.00	05:25:12.60	108	1	104
285	Stephen	Barnett		M45	M	00:47:51.8	02:50:07.25	01:47:29.20	05:25:28.25	109	19	105
324	ANDREW	CARDNELL		M40	M	00:39:58.5	02:53:25.40	01:52:30.50	05:25:54.35	110	14	106
72	Anna	Wilby-Lopez	Portsmouth Triathletes	F35	F	00:33:34.1	03:00:30.25	01:52:22.75	05:26:27.10	111	2	5
13	Rosie	Eden	London Fields Triathlon Club	F25	F	00:32:42.6	03:04:35.45	01:49:34.00	05:26:52.00	112	3	6
210	Ashley	Hendy	ATA	M30	M	00:34:43.3	02:52:40.45	01:59:49.70	05:27:13.45	113	24	107
272	Darren	Nice	CWTC and Team Oxygen Addict	M45	M	00:36:59.6	02:49:46.90	02:01:26.30	05:28:12.80	114	20	108
128	Alex	Drummond	Endurance Coaching Group	M50	M	00:31:33.4	02:45:59.55	02:10:52.05	05:28:25.00	115	6	109
112	Oliver	Chadwick		M25	M	00:31:24.2	02:53:46.60	02:03:21.15	05:28:32.00	116	18	110
141	Gavin	Milroy	Phoenix Tri Club	M50	M	00:38:47.0	02:55:01.55	01:55:06.75	05:28:55.35	117	7	111
346	gavin	negus		M45	M	00:38:01.5	02:44:53.75	02:07:02.45	05:29:57.70	118	21	112
273	Matt	Oxley		M45	M	00:37:30.4	02:45:39.45	02:07:04.30	05:30:14.20	119	22	113
362	Jordan	Cooper		M30	M	00:44:38.3	03:00:37.40	01:45:04.15	05:30:19.85	120	25	114
261	Howard	Stinton	Bayside Tri	M45	M	00:35:24.2	02:39:14.05	02:16:07.45	05:30:45.70	121	23	115
241	Kevin	Woodley		M40	M	00:34:31.0	02:50:34.10	02:05:56.55	05:31:01.70	122	15	116
163	Mark	Cawood	South London Harriers	M50	M	00:34:28.8	02:52:24.20	02:04:12.65	05:31:05.65	123	8	117
233	David	Skelton	Zoom Tri	M40	M	00:35:01.6	02:58:35.75	01:57:45.50	05:31:22.85	124	16	118
337	Jamie	Gossage		M25	M	00:40:00.0	02:54:05.95	01:57:48.30	05:31:54.20	125	19	119
300	Chris	O’Gorman	Crystal Palace Triathlon Club	M50	M	00:36:28.7	02:51:51.15	02:04:05.95	05:32:25.85	126	9	120
239	William	Van der Byl		M25	M	00:35:28.7	02:53:15.65	02:03:48.85	05:32:33.25	127	20	121

201	Patrick Van den Broeke		M60	M	00:34:34.2	02:52:29.75	02:05:33.10	05:32:37.05	128	2	122
319	Nick Elford	Racestrong	M40	M	00:40:48.7	02:57:47.85	01:54:06.15	05:32:42.65	129	17	123
302	Sam Popperwell		M30	M	00:46:47.5	02:59:04.40	01:48:29.45	05:34:21.40	130	26	124
315	Peter Watts		M40	M	00:36:22.0	02:45:59.25	02:12:22.70	05:34:44.00	131	18	125
263	Mick Cairns	London Fields Triathlon Club	m55	M	00:36:19.3	02:59:14.60	01:59:54.75	05:35:28.65	132	4	126
271	Philip Martin	Bayside Triathlon	m55	M	00:37:26.4	02:54:57.45	02:03:29.20	05:35:53.10	133	5	127
279	David Bradley-Jones	Portsmouth Triathletes	M45	M	00:43:22.2	02:51:17.30	02:02:05.65	05:36:45.15	134	24	128
257	James/Adam Ponting		RELAY	M	00:34:59.5	03:07:39.15	01:54:16.70	05:36:55.30	135	2	129
105	Daniel Goddard		M35	M	00:43:49.9	02:53:41.75	01:59:25.30	05:36:56.95	136	21	130
308	Peter Shepherd		M40	M	00:37:36.4	02:55:10.60	02:05:02.50	05:37:49.50	137	19	131
52	Marina Ranger		F25	F	00:34:04.9	02:57:35.85	02:06:08.90	05:37:49.65	138	4	7
258	Callum Provan	salisbury	M40	M	00:39:49.1	02:56:49.10	02:01:18.45	05:37:56.65	139	20	132
236	Rob Thorpe		M40	M	00:31:40.3	03:07:06.70	02:00:03.80	05:38:50.85	140	21	133
323	Tony Richardson	MBE	M40	M	00:42:00.1	02:49:49.35	02:07:21.10	05:39:10.55	141	22	134
299	Karsten Middleton	South London Harriers	M35	M	00:30:54.7	03:13:08.15	01:55:10.70	05:39:13.55	142	22	135
27	Sophie Johnson	Greenwich Tritons	F30	F	00:33:14.5	02:56:31.35	02:10:54.85	05:40:40.70	143	1	8
387	David King		M25	M	00:35:43.1	03:38:21.90	01:26:50.75	05:40:55.75	144	21	136
286	olaf christiansen		M45	M	00:38:31.4	02:55:30.35	02:07:14.75	05:41:16.45	145	25	137
29	Angela/Greg Finch	Bedford Harriers	RELAY	F	00:39:43.0	03:17:06.00	01:44:32.10	05:41:21.10	146	3	9
173	Matt barnard		M40	M	00:38:53.4	03:13:03.85	01:49:35.90	05:41:33.10	147	23	138
19	Natalie Green	Hardley Runners	F20	F	00:29:14.8	03:07:24.90	02:05:07.00	05:41:46.70	148	1	10
22	Jasmine Holmes		F20	F	00:27:21.3	03:02:46.75	02:11:56.50	05:42:04.50	149	2	11
278	Allan Youp	Royal Navy Tri Club	M50	M	00:37:44.9	03:02:09.65	02:02:18.35	05:42:12.90	150	10	139
180	Stuart Trevena		M35	M	00:26:44.3	03:05:40.60	02:10:03.75	05:42:28.65	151	23	140
8	helen croydon	LFTC	F40	F	00:43:36.1	03:03:17.25	01:55:36.80	05:42:30.15	152	1	12
26	Victoria Joel	Bayside Tri	F40	F	00:33:58.7	02:59:53.75	02:08:41.85	05:42:34.30	153	2	13
244	Matt Hamilton	Lymington Triathlon Club	M45	M	00:32:34.3	03:02:35.15	02:07:47.20	05:42:56.60	154	26	141
178	Peter Sheath	Kingswood Tri	M60	M	00:34:46.4	02:58:19.20	02:10:37.80	05:43:43.35	155	3	142
294	Phil Ledington	Royal Navy Triathlon	M35	M	00:38:50.2	03:05:52.25	01:59:02.80	05:43:45.30	156	24	143
78	Emma Wyatt-Haines		F30	F	00:40:04.3	03:05:26.10	01:59:55.95	05:45:26.35	157	2	15
215	Daniel Laird	Southampton Triathlon Club	M40	M	00:40:54.9	02:58:46.30	02:05:57.80	05:45:39.00	158	24	144
206	christopher fry	Bournemouth Zoom	M35	M	00:36:46.3	02:48:43.05	02:20:12.10	05:45:41.45	159	25	145
247	David Howell	JBR Run & Tri Club	M45	M	00:35:35.7	02:52:25.95	02:18:36.50	05:46:38.20	160	27	146
4	Sarah Bennetts	Army Triathlon Association	F40	F	00:41:39.4	03:09:05.15	01:56:18.55	05:47:03.10	161	3	16
171	Rory Natkiel	London Fields Triathlon Club	M40	M	00:38:34.7	03:04:40.10	02:04:08.10	05:47:22.95	162	25	147
268	Gavin Harper		M45	M	00:38:47.3	03:03:14.25	02:05:30.15	05:47:31.75	163	28	148
381	Gavin Starling		M50	M	00:52:23.3	02:55:43.20	01:59:28.05	05:47:34.60	164	11	149
312	David Walden	Shires Triers	M45	M	00:40:29.5	02:52:53.80	02:09:49.15	05:48:12.50	165	29	150 drafting +5mins
322	iain cowell		M40	M	00:45:59.3	02:56:13.05	02:06:13.30	05:48:25.70	166	26	151
225	Simon Owens	Elements Triathlon Club	M50	M	00:39:46.8	02:45:10.45	02:23:29.25	05:48:26.50	167	12	152
170	Dominic Mann	Southampton Triathlon Club	M40	M	00:43:43.5	02:58:36.30	02:06:26.60	05:48:46.35	168	27	153
351	Stuart Searle	South London Harriers	M45	M	00:42:12.5	03:17:54.10	01:48:49.70	05:48:56.25	169	30	154
155	Jeremy Ward		M25	M	00:41:21.6	02:59:08.15	02:08:36.40	05:49:06.20	170	22	155

156 James	Watts		M35	M	00:36:43.3	02:52:52.65	02:19:33.95	05:49:09.95	171	26	156
41 Lilly	Mcnabb	Bayliss multi sport	F25	F	00:36:21.7	02:54:48.10	02:18:20.55	05:49:30.35	172	5	17
307 David	Rudall		M40	M	00:41:42.4	03:14:02.50	01:54:19.95	05:50:04.85	173	28	157
336 Rob	Gaygan		M40	M	00:43:34.7	02:51:57.20	02:14:43.10	05:50:15.05	174	29	158
280 John	Diamond	TriSurrey	m55	M	00:41:28.0	02:59:08.25	02:09:41.90	05:50:18.10	175	6	159
289 Rich	Hannan		M30	M	00:41:15.0	03:12:42.50	01:56:37.35	05:50:34.85	176	27	160
203 daniel	crabbe	LFTC	M40	M	00:36:41.9	03:04:51.30	02:09:20.80	05:50:54.00	177	30	161
46 Nicky	O'Dea	Portsmouth Triathletes	F35	F	00:43:45.0	03:07:59.35	01:59:17.60	05:51:02.00	178	3	18
403 Chris	Greenaway		M45	M	00:39:02.8	03:09:48.40	02:02:44.40	05:51:35.55	179	31	162
375 Andrew	Witton	RN Triathlon club	M45	M	00:48:34.7	02:55:15.85	02:08:02.70	05:51:53.30	180	32	163
248 richard	mason		m55	M	00:38:38.6	02:39:42.55	02:33:33.15	05:51:54.30	181	7	164
254 Sean	Doyle		M40	M	00:38:56.7	02:53:29.30	02:19:40.00	05:52:06.00	182	31	165
349 Michael	Reed	Chichester Westgate Triathlon	M50	M	00:39:17.1	03:09:10.20	02:03:53.30	05:52:20.60	183	13	166
320 James	Long	Phoenix Triathlon Club	M30	M	00:39:24.8	03:06:50.70	02:06:05.60	05:52:21.15	184	28	167
177 David	Jennings	Bayside Triathlon	M40	M	00:40:56.3	03:11:14.55	02:00:21.55	05:52:32.45	185	32	168
218 Martyn	Lewis	Pembrokeshire Tri Club	M35	M	00:35:31.9	02:51:46.60	02:25:32.35	05:52:50.90	186	27	169
212 Yuen Pok Henry	Ho	London Fields Triathlon Club	M40	M	00:47:25.0	03:00:05.35	02:05:36.30	05:53:06.65	187	33	170
37 susie	macgregor	Bayside Tri	F50	F	00:45:24.7	03:07:45.70	02:00:17.25	05:53:27.60	188	2	19
377 Andy	Yuill	Savage Tri	M45	M	00:39:01.7	03:01:20.45	02:13:41.25	05:54:03.40	189	33	171
234 Rob	Smith	Bristol & District (BADTri)	M25	M	00:47:01.1	02:51:06.30	02:16:06.85	05:54:14.30	190	23	172
396 Alex	Botha		M40	M	00:38:08.0	02:56:52.00	02:19:16.30	05:54:16.30	191	34	173
9 Clair	Davies	CDTraining	F50	F	00:33:31.7	03:16:48.60	02:05:16.40	05:55:36.70	192	3	20
130 Robert	Franckeiss	Bayside Tri	M45	M	00:36:44.6	02:50:24.90	02:28:37.15	05:55:46.65	193	34	174
31 Kathy	King		F45	F	00:43:30.6	03:11:41.60	02:00:39.20	05:55:51.35	194	1	21
222 Sam	North		M40	M	00:33:28.6	03:06:46.80	02:15:38.45	05:55:53.85	195	35	175
327 Milo	Corke		M25	M	00:39:36.1	03:10:06.50	02:06:15.50	05:55:58.10	196	24	176
355 Jason	Stubington	Bayside Tri	M30	M	00:41:34.5	03:00:09.95	02:14:39.85	05:56:24.25	197	29	177
202 Ian	Brown	South London Harriers	M45	M	00:38:05.2	03:12:56.75	02:05:28.90	05:56:30.85	198	35	178
129 John	Drummond		M45	M	00:30:38.7	03:20:56.70	02:05:07.10	05:56:42.45	199	36	179
220 Peter	Nash	Bayside Tri	M50	M	00:35:55.5	03:12:35.95	02:08:37.75	05:57:09.20	200	14	180
303 Lee	Rhodes	Bayside Tri Club	M40	M	00:46:50.0	03:05:52.25	02:04:30.85	05:57:13.10	201	36	181
270 Alaric	Marsden	East Grinstead Triathlon Club	M45	M	00:37:46.8	03:10:11.20	02:09:43.40	05:57:41.35	202	37	182
204 Chris/Nicholas	Davies	Lymington tri club	RELAY	M	00:31:28.0	02:53:38.35	02:32:38.15	05:57:44.50	203	4	183
199 David	Beynon		M40	M	00:40:51.3	03:07:27.35	02:09:38.85	05:57:57.50	204	37	184
181 Dan	Vickers	South London Harriers	M45	M	00:39:31.0	03:16:00.65	02:02:28.30	05:57:59.95	205	38	185
284 Robert	Attwood		M40	M	00:40:32.8	03:04:26.65	02:13:50.35	05:58:49.75	206	38	186
335 Nicol	Fraser	Edinburgh Triathlon	M50	M	00:37:06.0	03:15:58.80	02:05:58.30	05:59:01.10	207	15	187
380 Thomas	Jackson		M60	M	00:50:00.3	03:09:10.80	01:59:57.20	05:59:08.30	208	4	188
330 Steve	Denning		M50	M	00:46:01.7	02:51:44.15	02:21:35.45	05:59:21.25	209	16	189
314 Simon	Ward		M40	M	00:43:31.6	03:10:39.15	02:05:19.15	05:59:29.90	210	39	190
321 George	Murphy	Bedford Harriers	M35	M	00:49:47.3	02:52:29.70	02:17:31.60	05:59:48.60	211	28	191
363 David	Dawson	TrainSmartTri	m55	M	00:47:04.3	02:59:13.40	02:16:32.70	06:02:50.45	212	8	192
134 Oliver	Houlton		M40	M	00:40:53.0	03:15:28.85	02:07:28.45	06:03:50.35	213	40	193

353	nick	wright		M40	M	00:41:52.2	03:17:33.55	02:04:28.35	06:03:54.15	214	41	194
326	David	Coleman	Bayside Tri	M45	M	00:43:32.8	03:06:51.10	02:13:44.00	06:04:07.90	215	39	195
316	Steve	Weatherhead		M45	M	00:41:12.2	03:10:19.70	02:14:16.20	06:05:48.10	216	40	196
43	Nicky	Mills	Cape Multisport	F25	F	00:36:30.9	03:22:44.30	02:06:39.55	06:05:54.75	217	6	22
339	Richard	Horn	Tri Team Wessex	M40	M	00:45:40.2	02:53:30.15	02:27:19.05	06:06:29.40	218	42	197
264	Paul	Carrington		M40	M	00:37:09.8	03:06:37.20	02:26:26.00	06:10:12.95	219	43	198
174	Matt	Brooks	Thames Turbo Triathlon Club	M40	M	00:37:22.2	03:02:46.95	02:30:22.05	06:10:31.20	220	44	199
5	Victoria	Bingham	Zoom Tri Club	F35	F	00:34:49.2	03:07:21.45	02:29:09.10	06:11:19.80	221	4	23
229	Simon	Phillips	Pembrokeshire Triathlon Club	M40	M	00:38:42.0	03:01:09.80	02:31:29.50	06:11:21.30	222	45	200
328	andrew	davies		M40	M	00:39:54.6	03:17:38.00	02:14:14.10	06:11:46.65	223	46	201
359	Matthew	Meyer	London Fields Triathlon Club	M25	M	00:43:36.4	03:23:20.30	02:05:14.15	06:12:10.85	224	25	202
395	James	Austin		M25	M	00:36:25.6	03:15:10.05	02:21:44.25	06:13:19.85	225	26	203
373	rob	walker		M40	M	00:42:56.3	03:29:33.00	02:02:00.85	06:14:30.20	226	47	204
325	Andy	Chase	New Forest Runners	M50	M	00:38:59.0	03:06:04.65	02:29:39.45	06:14:43.10	227	17	205
378	Matthew	Breed		M40	M	00:47:09.3	02:54:17.95	02:33:30.05	06:14:57.35	228	48	206
231	Michael	Roberts	Bayside Tri	M40	M	00:46:07.1	02:58:16.45	02:31:20.00	06:15:43.60	229	49	207
64	Catrin	Thomas	PembrokeshireCDT	F45	F	00:40:43.4	03:24:39.30	02:10:39.30	06:16:02.00	230	2	24
16	celia	fox-robinson	Portsmouth	F40	F	00:48:10.6	03:24:50.15	02:05:48.20	06:18:48.95	231	4	25
160	Roy	Hastings		M45	M	00:38:01.8	03:15:48.30	02:25:27.85	06:19:17.90	232	41	208
354	Justin	King		M45	M	00:39:34.2	03:07:24.95	02:32:24.15	06:19:23.25	233	42	209
237	Phillip	Twiddy	East Grinstead Tri Club	M45	M	00:43:47.1	02:58:10.55	02:37:51.45	06:19:49.10	234	43	210
216	Darren	Le Masurier	Jersey Triathlon Club	M40	M	00:34:37.0	03:11:02.95	02:34:32.65	06:20:12.60	235	50	211
301	Dan	Perry		M40	M	00:43:52.2	03:12:23.75	02:24:16.80	06:20:32.80	236	51	212
35	Vicki	Lewis	Pembrokeshire Triathlon Club	F35	F	00:32:08.8	03:11:15.90	02:38:35.95	06:22:00.60	237	5	26
45	Hannah	Nottage		F25	F	00:38:37.2	03:32:19.85	02:11:23.75	06:22:20.85	238	7	27
61	Liz	Steward	Portsmouth Triathletes	F35	F	00:45:11.9	03:10:54.50	02:27:54.65	06:24:01.05	239	6	28
372	Michael	Wade-Smith	Army	M35	M	00:46:40.2	03:05:46.10	02:27:12.10	06:24:38.40	240	29	213 drafting +5mins
342	Calum	Kletta		M25	M	00:44:42.7	03:02:29.90	02:37:27.90	06:24:40.45	241	27	214
392	Richard	Woodley		M35	M	00:40:31.8	03:06:31.80	02:38:09.25	06:25:12.80	242	30	215
63	Pauline	Teague	North Cotswold tri and run	f60	F	00:44:02.4	03:16:46.05	02:27:10.00	06:27:58.45	243	1	29
310	Greg	Sudell		M40	M	00:41:49.2	03:33:13.40	02:13:02.65	06:28:05.30	244	52	216
57	Sian	Salter	North Shield Poly	F35	F	00:49:52.9	03:17:03.70	02:21:33.50	06:28:30.10	245	7	30
3	Sydnie	Beckman	Lymington Triathlon Club	F40	F	00:46:56.1	03:21:28.95	02:21:05.80	06:29:28.10	246	5	31
340	James	Jones		M45	M	00:44:59.1	03:21:29.40	02:23:53.45	06:30:21.95	247	44	217
385	Alistair	Hooper		M35	M	00:42:54.8	03:19:06.65	02:30:11.75	06:32:13.15	248	31	218
386	Neil	Kent	Portsmouth Triathletes	M50	M	00:31:30.0	03:10:19.00	02:51:01.85	06:32:50.85	249	18	219
184	Tom	Willis		M25	M	00:50:16.8	03:30:20.20	02:12:22.20	06:32:59.15	250	28	220
188	Martin	king	Pembrokeshire Triathlon Club	M30	M	00:35:23.4	03:07:42.55	02:50:08.90	06:33:14.80	251	30	221
344	Jim	McPherson	Horsham Tri Club	M45	M	00:43:23.5	03:16:13.80	02:34:01.70	06:33:39.05	252	45	222
143	Joe	Pickup		M30	M	00:38:07.7	03:07:36.55	02:47:57.65	06:33:41.90	253	31	223
20	Sarah	Hempenstall	viceroys	F40	F	00:30:03.8	03:24:16.60	02:39:46.15	06:34:06.55	254	6	32
240	PAUL	WILLIAMS	London Fields Triathlon Club	m55	M	00:33:30.3	03:26:42.20	02:37:06.55	06:37:19.05	255	9	224
7	Kate	Cowell		F40	F	00:41:10.8	03:23:47.55	02:32:24.65	06:37:22.95	256	7	33

382	Gary	Bateman	Oxford Tri	m55	M	00:48:39.7	03:29:34.50	02:20:16.55	06:38:30.75	257	10	225
152	Jason	Stone	Bayside Tri	M45	M	00:43:49.2	03:00:13.65	02:55:48.50	06:39:51.35	258	46	226
281	Michael	Harris		M45	M	00:42:46.6	03:19:42.35	02:38:06.45	06:40:35.40	259	47	227
357	Richard	Bicheno	Portsmouth Triathletes	M40	M	00:51:00.0	03:26:07.10	02:23:56.15	06:41:03.30	260	53	228
	11 Juliette	Denny		F25	F				06:41:19.35	261	8	34
338	Mike	Hoban		M50	M	00:40:37.1	03:22:35.90	02:40:15.25	06:43:28.30	262	19	229
397	wayne	caldecourt		m55	M	00:35:38.1	03:23:32.10	02:46:17.05	06:45:27.30	263	11	230
148	Robert	Squibb	Zoom Tri Club	M45	M	00:36:47.8	03:24:08.00	02:45:05.60	06:46:01.40	264	48	231
376	Liam	Wilson		M40	M	00:46:53.8	03:16:21.05	02:42:48.45	06:46:03.35	265	54	232
356	Richard	Dickens		M45	M	00:51:15.2	03:11:36.10	02:43:13.25	06:46:04.55	266	49	233
370	Dominic	Rutherford		M45	M	00:44:56.3	03:06:13.45	02:55:07.15	06:46:16.95	267	50	234
	56 Amna	Salih		F30	F	00:31:50.5	03:30:51.40	02:43:36.35	06:46:18.25	268	3	35
197	Stephen	Barnes		M40	M	00:36:58.2	03:14:01.10	02:55:21.50	06:46:20.75	269	55	235
415	Michelle	Burkhill	Ironbourne	F45	F	00:49:20.1	03:21:11.40	02:36:45.45	06:47:16.90	270	3	36
360	Mike	Barnes		M35	M	00:39:23.4	03:23:20.20	02:48:53.05	06:51:36.70	271	32	236
	18 Phoebe	Gardam		F25	F	00:49:31.2	03:05:06.70	02:57:28.80	06:52:06.70	272	9	37
	32 Eva	Kovacs	Bedford Harriers AC	F50	F	00:48:44.6	03:20:03.00	02:48:04.55	06:56:52.15	273	4	38
282	Matt	Hutchings	Tri Surrey	M40	M	00:39:28.3	03:02:22.20	03:15:28.40	06:57:18.90	274	56	237
	71 Alyson	Whyatt	South London Harriers	F45	F	00:44:37.9	03:21:38.55	02:58:14.20	07:04:30.65	275	4	39
384	Philip	Dilloway		M50	M	00:54:52.0	03:32:15.75	02:38:32.15	07:05:39.95	276	20	238
350	David	Rowlands		M45	M	00:43:40.0	03:49:07.30	02:39:36.25	07:12:23.55	277	51	239
306	Dean	Roberts-Caiger	3CTri	M40	M	00:51:29.4	03:37:43.65	02:46:14.95	07:15:27.95	278	57	240
	42 Kirsty	Middlemist	Team Dillon	F45	F	00:41:27.7	03:36:42.85	02:57:28.65	07:15:39.25	279	5	40
	21 emma	hey	Portsmouth Triathletes	F35	F	00:38:10.7	03:42:01.80	03:02:06.40	07:22:18.90	280	8	41
	33 Janna	Krumm	9 Endurance	f55	F	00:43:16.1	03:41:35.30	02:58:37.85	07:23:29.25	281	1	42
	74 Liz	Wild		f55	F	00:53:59.5	03:38:57.20	02:51:05.80	07:24:02.50	282	2	43
266	Charlie	Crawford	Phoenix Tri	m65	M	00:40:50.2	03:32:59.05	03:13:47.80	07:27:37.10	283	1	241
	76 Deborah	Wilson		f55	F	00:42:47.0	03:50:31.35	02:55:16.95	07:28:35.35	284	3	44
	51 Merwyn	Quick	Team Crunch	F40	F	00:49:29.0	03:27:32.20	03:13:19.25	07:30:20.50	285	8	45
	66 Louise	Wakeham	Elements	F40	F	01:05:48.9	03:28:16.10	02:56:24.45	07:30:29.45	286	9	46
374	Mark	Walker		M40	M	00:59:08.2	03:33:53.15	02:57:48.30	07:30:49.65	287	58	242
	34 Kathryn	Land	Bayside	F40	F	00:42:07.2	03:38:02.95	03:10:53.10	07:31:03.25	288	10	47
	58 Nadia	Shepherd	Royal Navy Tri	F25	F	00:47:26.9	03:49:10.70	02:56:15.80	07:32:53.40	289	10	48
	68 Liz	Weighell	Bayside Tri	f55	F	00:58:19.4	03:43:46.55	02:59:41.75	07:41:47.75	290	4	49
	62 Clara	Sutton		F40	F	00:58:22.3	03:43:54.30	02:59:31.75	07:41:48.35	291	11	50
	40 Deirdre	McAuliffe		F25	F	00:43:41.1	04:02:22.95	02:59:10.35	07:45:14.40	292	11	51
366	Murdo	McLean		M35	M	00:59:14.9	03:57:37.90	03:22:13.40	08:19:06.15	293	33	243
262	Chris	Xenos	London Fields Triathlon Club	M35	M	00:27:08.7	02:40:33.20	01:25:26.90	04:33:08.75	incomplete swim		
296	Marc	Lockwood		M35	M	00:40:28.4	03:16:52.05	01:49:42.65	05:47:03.10	incomplete bike		
367	Jonathan	Rau	Andover Triathlon Club	M45	M	00:45:16.0	03:19:06.90	02:39:22.30	06:43:45.20	incomplete swim		
401	Alex	Clarke	Phoenix tri club guildford	M30	M	01:00:11.6		01:40:01.05		swim & run		
	1 Daniella	Bailey	Bustinskin Triathlon Club	F25	F	00:35:43.1		01:45:23.60		swim & run		
208	Alex	Harris	Greenwich Tritons	M35	M	00:36:17.4	02:20:00.70		dnf			

214	Matthew	Hope	Greenwich Tritons	M35	M	00:34:58.5	02:42:19.65		dnf
147	Olly	Sampson	Tuff Fitty	M45	M	00:39:36.5	02:57:43.20		dnf
140	Jon	Medlow		M50	M	00:43:54.8	03:09:18.60		dnf
77	Zoe	Wood	Team Dillon	F45	F	00:43:57.8	03:18:59.40		dnf
69	Helen	Whittaker	Army Triathlon Association	F30	F	00:38:03.6	03:33:50.05		dnf
28	Louise	Johnson	Greenwich Tritons	F50	F	01:05:56.5	03:58:16.00		dnf
53	Vikki	Roberts	3CTri	F35	F	00:52:24.3	04:11:51.80		dnf
290	Rob	Harding	HERC Triathlon	M45	M	00:38:20.1	03:03:40.05	01:11:31.30	dnf
348	Andy	Notley	Bayside Tri	M30	M	00:42:03.4	02:55:18.10	01:23:50.05	dnf
55	Rowena	Rogers	Petersfield Triathlon Club	F40	F	00:50:49.1	03:20:10.10	01:18:56.05	dnf
54	Michelle	Robinson		F40	F	00:53:06.4	03:34:03.60	01:15:28.00	dnf

Swashbuckler Aqua Bike Results

Race No	FirstName	LastName	Club	Category	M/F	Swim	Bike	Finish	Overall	In Cat	By M/F	
80	Chris	Harris	Hardley Runners	M20	M	00:26:56.0	02:41:49.00	03:08:45.00		1	1	1
153	Adam	Tanner	Greenwich Tritons	M40	M	00:43:53.4	02:34:33.40	03:18:26.85		2	1	2
23	Sarah	Hope	Greenwich Tritons	F30	F	00:41:20.1	02:56:39.70	03:37:59.80		3	1	1
276	Robert	Toms		m55	M	00:42:44.6	02:59:30.00	03:42:14.60		4	1	3
317	Joe	White		M25	M	00:42:06.2	03:00:21.40	03:42:27.65		5	1	4
298	Nick	McNamara	South London Harriers	m55	M	00:38:27.1	03:06:34.30	03:45:01.35		6	2	5
14	Kate	Fargus	Phoenix Tri	F40	F	00:42:05.8	03:06:36.85	03:48:42.65		7	1	2
6	rebecca	bole	serpentine	F45	F	00:34:12.0	03:17:12.45	03:51:24.40		8	1	3
394	Nic	Potter		M40	M	00:39:26.7	03:15:43.00	03:55:09.65		9	2	6
305	Steve	Rigby	South London Harriers	m55	M	00:41:33.0	03:14:26.50	03:55:59.50		10	3	7
17	Clare	Furze		F40	F	00:43:17.2	03:13:47.80	03:57:05.00		11	2	4
341	Greg	Keyse		M45	M	00:52:28.3	03:05:36.55	03:58:04.85		12	1	8
67	Isy	Ward		F45	F	00:44:01.1	03:22:30.90	04:06:32.00		13	2	5
253	Stanley	Wilby-Lopez		M40	M	00:52:10.4	03:21:16.30	04:13:26.70		15	3	9
36	Leena	Lindvall	South London Harriers	F50	F	00:41:26.0	03:39:41.20	04:21:07.20		14	1	6
146	Lloyd	Russell		M30	M	00:42:38.6	03:50:25.50	04:33:04.10		16	1	10
73	Jane	Wild	Cheltenham	f60	F	00:50:13.8	04:21:59.20	05:12:13.00		17	1	7
44	Louise	Nixon	9 Endurance	F45	F		03:43:14.15		BIKE ONLY			