

FORESTMAN MIDDLE DISTANCE RESULTS

Bib	SURNAME	FIRST NAME	Club	Category	Gender	SWIM mm:ss.0	BIKE hh:mm:ss.0	T2 hh:mm:ss.0	RUN hh:mm:ss.0	Finish hh:mm:ss.0	Overall Position	Category Position
377	Smith	Andy	Portsmouth Triathletes	Mopen	M	21:50.3	02:48:34.80	00:00:52.55	01:39:40.85	04:50:58.55	1	1
389	Williams	Glyn		mvvet	M	21:05.1	02:52:43.65	00:01:02.65	01:36:29.50	04:51:20.90	2	1
304	Biles	Robin	BRAT	Mopen	M	22:28.9	02:58:12.30	00:01:00.40	01:32:30.40	04:54:12.00	3	2
308	Boardman	Ben	New Forest Cycling Club	Mopen	M	22:57.8	02:50:48.20	00:01:17.65	01:45:00.55	05:00:04.20	4	3
376	Slack	Steve	TriTalk	mvvet	M	27:15.7	02:58:12.15	00:01:01.10	01:37:23.30	05:03:52.25	5	2
391	Bayton	Steven		Mopen	M	25:42.4	03:10:12.10	00:01:50.10	01:28:59.85	05:06:44.45	6	4
318	Clark	Ian		Mopen	M	22:12.7	03:05:59.10	00:00:38.15	01:38:31.25	05:07:21.25	7	5
355	Macleod	Iain	Ful-on Tri	Mopen	M	21:23.8	03:10:15.35	00:02:06.30	01:34:08.65	05:07:54.10	8	6
374	Samways	Darren	Team Cherwell	mvvet	M	20:53.5	02:59:14.30	00:01:41.45	01:49:43.50	05:11:32.80	9	3
361	Mitchell	Daniel		Mopen	M	26:07.3	03:11:38.40	00:02:53.55	01:31:21.80	05:12:01.05	10	7
372	Rogers	Jon	Bridgnorth Triathlon Club	Mopen	M	22:30.5	03:02:04.25	00:01:23.70	01:48:36.45	05:14:34.95	11	8
341	Heijnen	Anja	Votwo	fvvet	F	25:41.7	03:02:33.75	00:01:09.05	01:47:36.60	05:17:01.05	12	1
326	Denyer	Matthew		Mopen	M	25:08.0	03:15:39.60	00:01:14.50	01:36:54.20	05:18:56.30	13	9
313	Burgess	Jason	PRIMERA	RELAY	M	22:00.6	03:02:12.05	00:00:33.35	01:57:43.50	05:22:29.45	14	1
388	Williams	Neil		mvvet	M	28:33.6	03:10:15.00	00:00:59.80	01:48:19.50	05:28:07.90	15	4
302	Barber	James	Andover Tri	Mopen	M	21:03.8	03:14:24.10	00:01:18.40	01:57:04.85	05:33:51.15	16	10
328	Folley	Stuart	David Lloyd Ringwood	mvvet	M	25:38.5	03:18:57.55	00:01:15.80	01:54:23.05	05:39:34.05	17	5
329	Forth	Mark		Mopen	M	27:01.8	03:21:14.80	00:01:26.95	01:53:09.80	05:42:53.35	18	11
332	Kanga	Dominic		Mopen	M	28:47.1	03:18:34.00	00:01:51.60	01:54:13.75	05:43:26.50	19	12
339	Hawker	Matt		Mopen	M	22:37.2	03:12:03.35	00:01:24.40	02:07:49.05	05:43:54.00	20	13
330	Gibson	George		Mopen	M	25:46.7	03:29:59.10	00:01:49.70	01:48:24.60	05:46:00.15	21	14
335	Gray	Stuart		mvvet	M	23:26.7	03:22:22.05	00:02:08.25	01:59:45.10	05:47:42.10	22	6
348	Johnson	Paul	Petersfield Triathlon Club	Mopen	M	24:45.7	03:22:30.40	00:02:08.85	01:58:31.10	05:47:56.00	23	15
314	Butler	Peter		Mopen	M	26:14.8	03:24:38.90	00:01:57.00	01:56:49.90	05:49:40.60	24	16
320	Cooper	Oliver	Ipswich Triathlon Club	Mopen	M	30:30.4	03:27:14.35	00:02:07.85	01:49:57.80	05:49:50.45	25	17
379	Sullivan	Ruth		fvvet	F	29:05.0	03:21:33.55	00:01:57.50	01:57:19.65	05:49:55.65	26	2
325	Delaney	Martin		mvvet	M	29:41.4	03:19:47.75	00:01:29.70	01:59:24.05	05:50:22.85	27	7
342	Hepenstal	Samuel		Mopen	M	26:13.1	03:39:10.90	00:02:07.15	01:42:52.25	05:50:23.40	28	18
340	Hawkes	Michael		mvvet	M	35:49.5	03:26:47.40	00:01:37.50	01:47:20.15	05:51:34.50	29	8
353	Loveday	Jack	Optimus	Mopen	M	26:29.9	03:20:20.65	00:01:43.70	02:03:14.50	05:51:48.75	30	19
344	Holley	James		mvvet	M	27:48.9	03:20:33.75	00:02:29.85	02:04:01.35	05:54:53.85	31	9
386	Wells	Claire	Ful-on Tri	Fopen	F	26:17.5	03:17:48.70	00:02:23.80	02:09:16.80	05:55:46.80	32	1
334	Gower	James		Mopen	M	27:37.0	03:25:01.15	00:02:16.25	02:04:18.95	05:59:13.35	33	20
303	BAYLEY	ROB		mvvet	M	31:46.4	03:28:32.65	00:03:58.95	01:55:10.35	05:59:28.40	34	10
367	Powell	Rebekah	Farnham Tri Club	Fopen	F	24:27.2	03:31:59.25	00:01:31.70	02:02:26.70	06:00:24.90	35	2
300	Allen	Duncan		Mopen	M	30:44.8	03:33:41.95	00:01:43.80	01:56:46.85	06:02:57.35	36	21

368 Pryor	Colin	Walden Tri	Mopen	M	33:47.4	03:34:20.60	00:02:51.30	01:56:00.00	06:06:59.30	37	22
346 Hudson-Cooper	Claire	Primera TBC	Fopen	F	25:55.4	03:37:03.60	00:02:50.70	02:01:18.40	06:07:08.10	38	3
390 Yevko	Nicky	SALISBURY TRI CLUB	fvnet	F	30:15.3	03:55:28.30	00:03:00.05	01:38:26.45	06:07:10.15	39	3
354 Lupton	John		mvnet	M	28:22.2	03:41:14.45	00:04:25.00	01:55:33.10	06:09:10.05	40	11
321 Corry	Paul	Petersfield Triathlon Club	Mopen	M	26:37.2	03:37:36.10	00:02:16.85	02:04:59.70	06:11:29.85	41	23
336 Hackworthy	Barbara		fvnet	F	29:06.7	03:35:31.85	00:01:38.55	02:05:48.20	06:12:05.35	42	4
365 Phillips	Andrew		mvnet	M	31:43.4	03:44:49.50	00:02:01.20	01:54:51.00	06:13:25.10	43	12
333 Gould	Louise		fvnet	F	24:57.9	03:39:06.70	00:01:03.25	02:11:08.90	06:16:16.70	44	5
381 Thomas	Ryan	SOUTHAMPTON TRI CLUB	Mopen	M	25:52.0	03:31:49.85	00:01:29.80	02:17:31.65	06:16:43.35	45	24
393 Bark	Steve	AVS-TRI	mvnet	M	30:08.7	03:38:58.85		02:07:50.40	06:16:57.95	46	13
309 Bolderson	Ken	Team Freak 2	RELAY	M	30:28.8	03:48:53.10	00:00:49.55	01:58:39.15	06:18:50.55	47	2
319 Cooke	Stephen	Southampton Triathlon Club	mvnet	M	28:46.3	03:31:24.30	00:02:52.70	02:16:09.90	06:19:13.15	48	14
317 Cant	Stuart		Mopen	M	30:02.9	03:43:11.95	00:02:03.05	02:05:28.05	06:20:45.95	49	25
373 Sabin	Brendon		Mopen	M	34:17.9	03:43:47.75	00:02:34.85	02:01:20.70	06:22:01.25	50	26
363 Morris	Paul		mvnet	M	28:26.3	03:41:12.30	00:02:43.75	02:10:50.70	06:23:13.05	51	15
315 Cameron	Ellen	SALISBURY TRI CLUB	Fopen	F	33:30.9	03:34:54.05	00:01:57.45	02:17:05.75	06:27:28.15	52	4
370 Roberts	Jade		Fopen	F	26:01.6	04:27:53.95	00:06:54.50	01:27:00.05	06:27:50.10	53	5
307 Bishop	Michael		Mopen	M	27:12.4	03:39:38.30	00:02:46.75	02:19:01.95	06:28:39.35	54	27
359 McGaw	David		Mopen	M	27:43.2	03:40:39.70	00:03:36.60	02:16:40.10	06:28:39.60	55	28
310 Bond	Louise		Fopen	F	29:11.6	03:39:14.20	00:03:15.55	02:24:39.60	06:36:20.95	56	6
306 Bishop	Mark		Mopen	M	27:18.6	03:43:39.55	00:02:39.65	02:24:44.65	06:38:22.45	57	29
364 Mustoe	Matthew		Mopen	M	31:02.1	03:42:39.75	00:03:48.15	02:20:53.05	06:38:23.00	58	30
385 Wall	Nick	Andover Tri	mvnet	M	29:28.8	03:38:55.00	00:04:29.35	02:27:07.30	06:40:00.45	59	16
369 Ratcliffe	Stuart		Mopen	M	27:40.5	03:50:18.55	00:02:40.80	02:19:49.45	06:40:29.35	60	31
322 Crisp	Rebecca		fvnet	F	27:41.7	04:27:47.85	00:02:02.00	01:44:21.15	06:41:52.65	61	6
358 McCarthy	Julian	Southampton Triathlon Club	mvnet	M	28:13.2	03:38:56.65	00:02:33.15	02:32:44.70	06:42:27.65	62	17
301 Armstrong	Neil		Mopen	M	35:28.7	03:59:09.55	00:05:25.65	02:05:28.90	06:45:32.85	63	32
347 Toms	Lovell	None	mvnet	M	27:05.0	04:07:36.85	00:03:17.80	02:07:56.00	06:45:55.65	64	18
323 Crockett	Bev	West Country Triathletes	fvnet	F	29:55.6	03:57:23.50	00:02:11.65	02:22:27.70	06:51:58.50	65	7
312 Brown	Kate	Team Freak	RELAY	F	26:48.8	04:34:21.50	00:00:49.20	01:51:29.10	06:53:28.60	66	3
392 Thompson	Tom		Mopen	M	32:47.4	03:40:38.40	00:05:11.30	02:35:27.45	06:54:04.55	67	33
327 Flemington	Elly		Fopen	F	34:55.7	04:13:40.00	00:04:22.90	02:05:01.25	06:57:59.85	68	7
383 Vlachos	Perry		Mopen	M	33:07.8	03:48:25.20	00:02:10.45	02:35:31.45	06:59:14.90	69	34
360 Mellor	Richard	Hercules Wimbledon AC	Mopen	M	31:39.7	03:52:17.60	00:03:00.90	02:32:16.80	06:59:15.00	70	35
356 Mark	James		mvnet	M	34:10.2	04:13:24.85	00:06:53.70	02:07:46.15	07:02:14.90	71	19
380 Sumner	Philip		Mopen	M	32:51.7	04:10:19.15	00:04:00.75	02:17:14.75	07:04:26.35	72	36
345 Hudson	Martin		mvnet	M	42:14.0	04:03:38.30	00:06:29.80	02:12:16.10	07:04:38.20	73	20
305 Bishop	Gillian		Fopen	F	29:27.9	04:08:07.90	00:05:08.00	02:22:49.45	07:05:33.30	74	8

387	Whitfield	David	teamfreak3	RELAY	M	32:16.4	03:53:15.00	00:01:03.30	02:39:51.95	07:06:26.60	75	4
316	Campbell	Timothy		Mopen	M	35:53.9	04:17:08.85	00:04:27.65	02:09:51.50	07:07:21.85	76	37
375	Sanchez	Natalie	tricalp	Fopen	F	34:20.3	04:14:21.30	00:04:45.60	02:15:00.45	07:08:27.65	77	9
362	MORRIS	GWEN		fvnet	F	37:26.2	04:06:57.80	00:04:40.25	02:26:04.05	07:15:08.25	78	8
331	Gibson	Adam		mvnet	M	35:02.3	03:58:56.55	00:03:28.85	02:40:12.00	07:17:39.75	79	21
350	Kavanagh	Ross		mvnet	M	31:04.5	04:14:33.05	00:02:24.10	02:30:12.75	07:18:14.35	80	22
382	Varney	Michelle	SOUTHAMPTON TRI CLUB	fvnet	F	33:38.0	04:17:44.90	00:02:19.25	02:26:50.90	07:20:33.05	81	9
384	Wagstaff	Joanna	West Country Triathletes	fvnet	F	26:29.4	04:27:33.40	00:02:32.85	02:24:22.40	07:20:58.05	82	10
366	Porter	Elliott		RELAY	M	26:51.7	04:36:29.05	00:01:11.15	02:20:48.80	07:25:20.70	83	5
378	Stanton	Donald		Mopen	M	36:15.7	04:12:40.95	00:04:30.80	02:35:13.30	07:28:40.75	84	38
343	Hicken	Kate		Fopen	F	28:10.4	04:11:15.00	00:01:51.30	02:51:16.55	07:32:33.25	85	10
324	De klerk	Craig		Mopen	M	32:42.0	04:19:49.00	00:01:26.55	02:46:32.50	07:40:30.05	86	39
352	Keyte	Andy	B2P	Mopen	M	31:09.0	04:42:16.30	00:02:44.20	02:31:55.05	07:48:04.55	87	40
311	Britton	Liz		Fopen	F	42:06.6						
337	Harber	Kevin		mvnet	M	21:34.1	04:21:12.75					